

## Select Committee on Developmental Services

This October, the provincial government struck the long-anticipated Select Committee on Developmental Services. The committee held its first meeting on October 24, and set the mandate and plan over the next few months. There will be opportunities for consultations coordinated around the province; we do not know when these will take place, but we will keep you up to date. Community Living Toronto is working with sector partners to draft some common messaging and strategies for ensuring that critical issues, and solutions are communicated to the committee members.

Five of the committee members, listed on page 2, are from Toronto. We do encourage you to visit them and tell them your story and share your experiences. If you do, please let our Public Relations department know that you've done this so that it can be tracked.

### Select Committee on Developmental Services Mandate

That a Select Committee on Developmental Services be appointed to consider and report to the House its observations and recommendations with respect to the urgent need for a comprehensive developmental services strategy to address the needs of children, youth and adults in Ontario with an intellectual disability or who are dually diagnosed with an intellectual disability and a mental illness, and to coordinate the delivery of developmental programs and services across many provincial ministries in addition to the Ministry of Community and Social Services; and

That in developing its strategy and recommendations, the Committee shall focus on the following issues:

- the elementary and secondary school educational needs of children and youth;
- the educational and workplace needs of youth upon completion of secondary school;
- the need to provide social, recreational and inclusionary opportunities for children, youth and adults;
- the need for a range of available and affordable housing options for youth and adults;
- the respite and support needs of families;
- how government should most appropriately support these needs and provide these opportunities.

That the Committee have the authority to meet on Wednesdays following Routine Proceedings when the House is in session, and Wednesdays from 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 5:00 p.m. when the House is not in session; and

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November 2013

## Volunteer Leadership

### Honourary Patron

The Hon. David C. Onley  
Lieutenant Governor of  
Ontario

### Patron's Council Chair

Duncan N. R. Jackman

### Founding Chair

The Hon. Barbara McDougall

### Vice-Chair

Andrea Alexander

Michael Adams

The Hon. Zanana Akande

Patsy Anderson

Mary Pat Armstrong

Brad Badeau

Jalynn Bennett

Chief William Blair

David Crombie

The Hon. William G. Davis

Michael Enright

W. Robert Farquharson

Paul Godfrey

Pooja Handa

Bob Hepburn

Dale Lastman

Dr. Kellie Leitch

Glenn McConnell

Jack Rabinovitch

Meredith Saunderson

John H. Tory

### Board of Directors

#### President

David Layton

Ibrahim Absiye

Donna Britten

Colleen Broadhurst

Paul Cochrane

Peggy Dowdall-Logie

Lisa Ellis

Victor Figueiredo

Bonnie Heath

Morris Jesion

Edward Lau

Mark G. Johnson

Colette Kent

Nick Macrae

Susan McCloy

Susan Silma

Stefica Skof

Chris Stringer

### Chief Executive Officer

Garry Pruden

## Select Committee, Cont'd

That the Committee shall have the authority to call for persons, papers and things, to employ counsel and staff and, as the committee deems relevant to its terms of reference, to commission reports and adjourn from place to place, subject to the normal budget approval from the Board of Internal Economy; and

That the Committee shall present an interim report to the House no later than February 26, 2014, and a final report no later than May 15, 2014; and

That in the event of and notwithstanding any prorogation of the House before the presentation of the committee's final report, the Committee shall be deemed to be continued to the subsequent session or sessions and may continue to meet during any such prorogation; and

That the Committee shall be comprised of: four members from the Government Caucus, one of whom shall be the Chair, three members from the caucus of the Official Opposition and two members from the caucus of the Third Party; and

That the Chief Whip of each of the recognized parties shall indicate in writing to Clerk of the House, within five sessional days of the passage of this motion, their party's membership on the Committee.

### Members of the Select Committee on Developmental Disabilities

Chair	Laura Albanese (LIB), York South-Weston
Vice-Chair	Christine Elliott (PC), Whitby-Oshawa
Members	Bas Balkisoon (LIB), Scarborough-Rouge River Cheri DiNovo (NDP), Parkdale-High Park Mitzie Hunter (LIB), Scarborough-Guildwood Rod Jackson (PC), Barrie Monique Taylor (NDP), Hamilton-Mountain Soo Wong (LIB), Scarborough-Agincourt

## Everyone. Everywhere Mural Unveiling



*Everyone. Everywhere mural artists at the official ribbon cutting ceremony*

On October 24, artists from Community Living Toronto's Creative Village Studio gathered at the bridge located at Dundas and Islington for the unveiling of a mural they helped

create. In partnership with Arts Etobicoke, Amnesty

International Toronto, the Village of Islington BIA, Red Dress Production and StreetARToronto, the mural aims to celebrate the valuable contributions of differently-abled people.

The mural is based on Article 6 of the Universal Declaration of Human Rights which states that "Everyone has the right to recognition everyone as a person before the law."

With art supplies provided by Above Ground Art Supplies, the artists from Creative Village Studio and Red Dress Productions worked together to create a stunningly bold piece of art, conveying a powerful statement about human rights.

See it for yourself at Dundas and Islington!



### **Flu Clinic**

**Toronto Public Health and  
Emergency Medical Services**

**Monday November 18, 2013**

**1 – 3 pm**

**20 Spadina Road, Room 2B**

**First come, First served**

**\*Please remember to bring your  
Health Card.**

**For Information Contact:  
Ann-Marie Binetti 647-729-1210**

### **Moms Together**

A FREE open discussion group for moms of a family member with an intellectual disability to support each other. Moms can share, support and network.

**November 7th and 21st**

**9:30-11:30 am**

**Medical Building  
2238 Dundas Street West, Suite 207  
(South of Bloor next to Pizza Nova)**

**RSVP to Susan King  
647-567-5069 or ringerjailsinger@ yahoo.com**

## Council Listings

### Central Regional Council

**Chairperson**  
Peter Wakayama

**Vice Chair**  
Lee Tarshis

**Board Representative**  
Susan McCloy

**Alternate Board Representative**  
Peter Wakayama

**Treasurer**  
Susan McCloy

**Chair of Fundraising Committee**  
Judy Dawson

**Members at Large**  
David Danyluk  
Kate Gilhooly  
Dawn Lunan  
Nelson Raposo  
Sandra Ricci  
Alda Zimbalatti

**Regional Executive Director**  
Frances MacNeil

**Membership Coordinator**  
Ann-Marie Binetti  
647-729-1210  
[abinetti@cltoronto.ca](mailto:abinetti@cltoronto.ca)

**Contact Information**  
Central Regional Office  
20 Spadina Rd.  
Toronto, Ontario  
M5R 2S7

T: 416.968.0650  
F: 416.968.6463

**Central Region Meeting:  
November 19th, 2013  
6:00 pm  
20 Spadina Road  
Room 2B**

## Leafs Home Opener Gives Lifelong Fans a Night to Remember

*By: Michelle MacDonald*

On Saturday October 5, 2013, - thanks to the generosity of Maple Leaf Sports and Entertainment (MLSE) - four individuals who live at Dan Leckie Way were given the opportunity to attend the Toronto Maple Leafs home opener.

Dan Leckie Way is a hop, skip, and a jump to the Air Canada Centre, so the group met early to attend the tailgate party and were absolutely fascinated by the atmosphere and the electricity around the arena.

Watching the game from the VIP suites, the evening was the thrill of a

lifetime for ultimate Leafs fan Jerry. Jerry knows every player, and even what trade they were acquired through. This was Jerry's first time watching the game live inside the Air Canada Centre, and it couldn't have been more exciting than seeing the Toronto Maple Leafs defeat the Ottawa Senators in a 5 -4 overtime shootout game!

Again, a big thank you to Maple Leaf Sports and Entertainment for the opportunity for these lifelong Leaf fans to see their team win the home opener!



*Mike (MLSE representative), Rachel, Jonathan, Jerry, and Mark.*

**Save the Date! *SPRING FLING* will be held on Saturday, May 10th, 2014**

## Council Listings

Etobicoke/ York  
Regional Council

Chairperson  
Ann Marie Fierro

Board Representative  
Stefica Skof

Treasurer  
Ruth Nagy

Members at Large  
Airi Clifford  
Zdenka Bilic  
Mary Byne  
Janina Coulthard  
Joan Karout  
Gaston Karout  
Christine LeClair  
Peter Marrese  
Laura Parsonson  
Mary Pawson  
Sharon Totafurno

Regional Executive Director  
Brad Saunders

Membership Coordinator  
Eric Laimer  
647.729.0445  
[elaimer@cltoronto.ca](mailto:elaimer@cltoronto.ca)

Contact Information  
Etobicoke/York  
Regional Office  
295 The West Mall,  
Suite 204  
Etobicoke, Ontario  
M9C 4Z4

T: 416.236.7621  
F: 416.236.7673

**Next Council Meeting:**  
**Tuesday November 12th,**  
**6:30 pm**  
**295 The West Mall**  
**Suite 204**  
**Boardroom**

## Helping Families With Holiday Hampers

By: Eric Laimer



*Kim Lalonde and Lauralee Edmiston display some of the donated toys.*

The Holidays are fast approaching and many of us will be shopping 'til we drop to get gifts for our loved ones. However, the Holidays can be a particularly challenging time for families in need who often just struggle to provide the essentials of day to day living. The Etobicoke/York Region Holiday Hamper program has been supporting these families for over 20 years.

These families and individuals could be your neighbours. There are too many stories about parents that recently lost their jobs, family members that contract a serious illness, struggling single parents with children, and individuals without families. The Holidays can be a source of added hardship for these people.

Last year, the Holiday Hamper program supported over 60 individuals including 25 families with children by directly providing them with clothing,

food, household items and more. All this is made possible by the generous support of Community Living Toronto donors.

Most of the families and individuals that receive assistance are from the Adult Protective Services Program (APSW), Community Support and Early Childhood Services. The support staff from these programs nominate two to three lesser fortunate families from their caseloads that are particularly in need.

Donations of food, new clothing, household goods, toys and money are collected and distributed at Etobicoke Employment Training Services. Financial assistance goes towards the purchase of department and grocery store gift cards to give families flexibility in addressing their needs.

Chum/City Christmas Wish, as well as the Etobicoke/York Region Council and members have been incredibly loyal supporters to the program.

Please consider making a donation. Items for teens are especially needed. We respectfully ask that only new items be donated. Donations can be dropped off at the upcoming Etobicoke/York Region Council Holiday Drop In Party (see the advertisement for details) or at Etobicoke Employment Training Services (ETS) between December 2 and 11. Pick-up is also available. For more information, please see the flyer on page 16 or contact Eric Laimer at 647-729-0445 or [elaimer@cltoronto.ca](mailto:elaimer@cltoronto.ca).

## Council Listings

### North York Regional Council

Chairperson  
Nancy Ceci

Board Representative  
Colleen Broadhurst

Alternate Board Representative  
Morris Jesion

Treasurer  
TBD

Members at Large  
Teresa Bhandal  
Shirley Germuska  
Eva Lipa

Regional Executive Director  
Brad Saunders

Membership Coordinator  
Wendy Dyke  
647-729-3627  
[wdyke@cltoronto.ca](mailto:wdyke@cltoronto.ca)

Contact Information  
North York Regional Office  
1122 Finch Ave. W.,  
Unit 18  
Toronto, Ontario  
M3J 3J5

T: 416.225.7166  
F: 416.225.8623

### Next Council Meeting:

November 4, 2013  
North York Office  
Boardroom  
1122 Finch Avenue W.  
Unit 18  
1:00 - 3:00 pm

## North York ETS Participants Celebrate End of Summer

By: Natalia Tsymbalarou



Participants enjoy the warm fall day in the park.



Hard at work creating a colourful mural.

Our first annual 'Say Goodbye to Summer' outdoor picnic was held on Thursday September 26 at G. Ross Lord Park. It was a beautiful and warm fall day. All of the North York Employment Training Services (ETS) participants and staff spent the entire day at the park. Participants took part in numerous sports and artistic activities during the day. The soccer game was a big hit with the participants, as well as baseball, bocce, and bean bag toss games. Some

people enjoyed creating a colourful mural using pastels. A wonderful picnic lunch was followed by dancing and more fun and games. Based on everyone's positive comments and participation we will be planning another picnic for next year!

A big thank you goes to our amazing volunteer, Mrs. Salopek, for her help that day! Thank you also to Estalita from Reena for her help and support.



Volunteer Mrs. Salopek, far left, helps ETS staff prepare the picnic lunch.



Lunch is served! Program participants anxiously await their turn.

# Scarborough News

## Council Listings

### Scarborough Regional Council

#### Co-Chairpersons

Judith Andrenacci  
Alison Thomas

#### Board Representative

Bonnie Heath

#### Treasurer

Deborah White

#### Members at Large

Donald Hale  
Kathy Lisle  
Ellen Armstrong  
Robert Shaddock  
Alison Thomas  
Pat Sparks

#### Regional Executive Director

Sue Lynch

#### Membership Coordinator

Felicita Zanatta 647-729-1635  
[fzanatta@cltoronto.ca](mailto:fzanatta@cltoronto.ca)

#### Contact Information

Scarborough Regional Office  
1712 Ellesmere Rd.  
Scarborough, Ontario  
M1H 2V5

T: 416.438.6099

F: 416.438.6144

**Everyone Welcome!**  
**Next Council Meeting:**  
**Monday November 4, 2013**  
**6:30 pm**  
**1712 Ellesmere Rd**  
**Boardroom**

## MIXing things up at The MIX!

*By: Ashley Jones*

The MIX Community Club has launched the 2013-14 season with a bang! We started the monthly social club with a performance by the band 'Rehab', whose signature style of rock and roll and classic 90s hits was a smashing success!

Thank you so much to everyone who came out to support us and participated in this fun evening, with a special thanks to all the staff and members of the MIX who volunteer their time to help make this event such a fun time each month.

We have many new and exciting acts on this year's roster, as well as some old fan favorites. In November, the "Ninja Funch Orchestra" will join us for their inaugural performance - one which we hope will be the first of many!

As the season progresses, stay tuned for new and exciting developments. If you are interested in participating in our upcoming "Community Idol" or sharing your artistic talents in our logo

design contest, come join us on the last Friday of every month at 50 Fairfax Crescent.

Admission is \$5, and includes light refreshments. For a more relaxed atmosphere, check out the MIX Lounge on the first Friday of the month at our Community Junction location. We hope to see you out!



*The band Rehab performing at the Mix Community Club.*



Scarborough Council invites you to the Holiday Party  
For Good Cheer, Wine and Cheese  
December 2, 2013 at 6:30 pm  
1712 Ellesmere Road  
Contact Felicita Zanatta at 647-729-1635 or  
[fzanatta@cltoronto.ca](mailto:fzanatta@cltoronto.ca)

# Self-Advocates Council Update

## Self-Advocates Council Listings

Board Representative  
Paul Cochrane

Community Living Ontario  
Representative  
Peter Marrese

Chair  
Sam McKhail

Vice Chair  
Robbie Cowdrey

### Members At Large

Lorraine Bradley  
Robbie Cowdrey  
Candice Doherty  
Michael Edser  
Caseen Johnson  
Linda Kirmiziyian  
Sam McKhail  
Mark Miller  
Richard Newland  
Nelson Raposo  
Dhonnice Trinidad

### Community Support Coordinator

Sue Hutton  
647-729-1205  
shutton@cltoronto.ca

**Next Council Meeting:**  
**Wed November 20**  
**11am—1pm**  
**20 Spadina.**

Monthly SAC Meetings are the Third Wednesday of Each Month at 20 Spadina. 11—1pm. All with intellectual disabilities are welcome! Please RSVP to Sue.

## Larry Bailey Shares His Huronia Story with the SAC

By: Sue Hutton

When the recent Huronia Regional Centre settlement hit the news, Larry Bailey, former resident of the institution was happily spreading the word. “It’s about time.” Larry says. Larry had been following news of the law suit day by day.

Larry proudly told his tale of surviving Huronia to the Self Advocates Council (SAC) during their October meeting. Larry laid out a swath of articles about Huronia. He pointed to the one written by Pierre Berton—who denounced the institution in the 1960’s—and talked about the infamous institution’s dangerous overcrowding practices, fires, and maltreatment. He then pointed to another newspaper article, with stark images of graves, marked only with numbers.

Larry talked about those who died there, with no funerals held. “No Names. Only Numbers on the Graves.” Larry told the crowd. When the SAC had questions for Larry, he commented on some, and said that some of the questions he couldn’t answer there, and shook his head. “A lot of things happened there. I can’t tell you Everything.” Larry did talk about taking the nightgowns he was forced to wear for punishment and ripping them up. He also recalled the ice cold water treatment - and again, shook his head. The SAC applaud Larry’s bravery to share his story.



Larry holding up some of the recent Articles about Huronia.

Things got better for Larry after he got out. Larry remembers being one of the early residents in the Supported Independent Living program when Huronia was slowly beginning to shut its doors in the 70’s. With the help of Community Living Toronto staff, Larry found an apartment and began his days of being an active community member.

*Continued on page 13*



## Sign Language Summer Camp



*A happy SLSP camper.*

For the past 6 years Community Living Toronto and Silent Voice have supported a number of children who are deaf or hard of hearing with an intellectual disability integrate into a Sign Language Summer Program (SLSP). Silent Voice offers a seven week summer day camp that supports Deaf children or children with a Deaf family member

The camp's staff, who are Deaf or Fluent in ASL, provide positive role models for the children.

The camp provides a number of outings, crafts, games, and activities that supports the language and culture of the Deaf Community.

This year, Community Living Toronto and Silent Voice were approved for funding through the Toronto Respite Network to support 12 children with hearing loss with an intellectual disability attend camp with their peers. For more information on this camp, visit: <http://silentvoice.ca/>

in an ASL (American Sign Language) environment.

## Autism Camp at Shadow Lake Centre



*Shadow Lake Centre*

For the last several years, Community Living Toronto has received funding through the Toronto Respite Network to run an Autism Camp at Shadow Lake Centre.

This program allows six youth between the ages of 12-17 with Autism Spectrum Disorder the opportunity to experience an overnight summer camp for the first time.

The five day camp which ran August 12-16 included activities such as; swimming, paddle boating, canoeing, splash pad and water trampoline. Community Living Toronto provided on-site support by one of our Home Management Consultants to help ease this new transition for first time campers.

If you would like more information on other camps offered at Shadow Lake Centre, please visit:

<http://www.shadowlakecentre.ca/>

## Changes to Accessing Residential Respite Choices

In May 2013, Community Living Toronto implemented new changes on how families can access information on our Residential Respite Choices.

Community Living Toronto provides short term planned residential options to individuals and caregivers needing a short break. The Association has two locations for children who are 17 years of age and under, and four locations for adults who are 18 years of age and over.

Each program is unique and families are encouraged to contact the locations directly for more information or to schedule a tour. We encourage families to choose which program best fits their need before they complete an application.

For more information on these Respite Choices, please

visit our website and click on the respite section:

<http://cltoronto.ca/respite/>



### Short Break Retreats at Shadow Lake Centre

Community Living Toronto has planned a number of Short Break Retreats at Shadow Lake Centre for the fall of 2013. The retreats will run once a month from Saturday morning to Sunday afternoon. The camps are intended for individuals 18 and over, who are currently not using respite with Community Living Toronto. To qualify, individuals must be determined eligible by Developmental Services Ontario.

The retreat includes; accommodations, food, activities, transportation, and provide 1:3 staff to camper ratio.

The first retreat, which was held on September 14-15 was a huge success!

#### Upcoming Short Break Retreats

**October 26-27**

**November 9-10**

**December 7-8**

For more information, contact:  
Amanda Saunders, Respite Coordinator  
647.729.0450

[respitechoices@cltoronto.ca](mailto:respitechoices@cltoronto.ca)

## Gilley's Respite Program Gets a New Look



*Deloitte volunteers were a wonderful help!*

At the beginning of October, a team of volunteers from Deloitte visited Community Living Toronto's Gilley group home as part of their annual Impact Day. Impact Day is a volunteer day when employees of Deloitte roll up their sleeves to give back to local charities. Last year, Deloitte took part in more than 550 projects across Canada as a way to get involved in their communities and make a difference.

The volunteers arrived early at Gilley clad in navy

### **Fundraise with Mabel's Labels**

Community Living Toronto is fundraising with Mabel's Labels! 100% of the funds raised will go directly back into supporting children through Community Living Toronto's Respite Choices. Whether your family member is joining us for an overnight, camp, or just a few hours, we encourage everyone to have their clothing and items labeled. Mabel's Labels are washing machine and dishwasher safe. No sewing or ironing required!

For more information or to order your labels: [www.clt.mabelslabels.com](http://www.clt.mabelslabels.com)



## Flying High In Support of the United Way



*Matthew Poirier skydiving in support of Community Living Toronto's United Way campaign*

Each fall, Community Living Toronto employees dedicate their time and efforts to raise funds for United Way Toronto's annual campaign.

From throwing Halloween parties to

planning bowling outings and potlucks, employees get together to support the campaign goals of the United Way, an instrumental organization providing our Association - and 200 others - with the tools and support to create a better, safer and stronger Toronto.

This October, Volunteer Coordinator Matthew Poirier, along with Frances MacNeil, Central Region's Regional Executive Director, decided to go above and beyond with their fundraising efforts by collecting pledges for a skydiving jump.

Building excitement prior to the jump, Frances'

involvement wasn't announced until the morning of the big event. Staff were encouraged to guess the identity of the mystery jumper by donating to the campaign, with the winning guess being entered in a draw for a prize. Although the initial jump had to be postponed due to bad weather, the re-scheduled jump was a huge success and raised over \$1,300!

For more information about United Way Toronto, please visit: <http://www.unitedwaytoronto.com>



*Frances MacNeil and Matthew Poirier celebrate the success of their jump*

### Central Region Council Dinner Club

Wednesday Evenings  
4 pm to 7:30 pm  
30 Birch Avenue

\$5 for a great meal and friendship

**Please call  
Ann-Marie Binetti  
at 647-729-1210**

**DramaWay** has put together a **short survey to gauge interest for a Theatre Intensive** that would take place over a proposed time this year **during March Break and/or the Holiday Season**. We are hoping you can complete the survey at the address below to see what kind of interest we have for this program opportunity.

**SURVEY:**

**<http://www.surveymonkey.com/s/YX3M6G7>**

# Resources, Networking And You

## Preparing for Life After High School Survey

By: Karyn Farber, Developmental Services Toronto (dsto)

Each year, another group of students who have an intellectual disability leave high school and begin to look for opportunities that will support their continued development and engagement in their communities.

Community agencies are collecting information about existing opportunities and looking for ways to expand the availability of opportunities in the future.

Two ways of meeting the growing demand are (1) to offer activities for a fee, and (2) to help connect individuals to programs in colleges or universities.

In order to do this effectively, we need input from individuals with intellectual disabilities who are 14 years of age or older, or their parents, as to what types of community activities, programs or education, would be useful for you/ your child.

This survey was based on the work of two groups: representatives from a number of Developmental Services agencies looking at program options and Community Living Toronto's Education Committee.

Please complete this survey by November 30, 2013 to help us plan more choices and opportunities for the future. In addition, please pass this survey on to your contacts who may be interested.

This survey is available at [www.connectability.ca](http://www.connectability.ca)

## Larry's Story, Cont'd

*Continued from page 8*

Larry is one of the true pioneers of community integration. He's an active member of his downtown housing cooperative and has been involved in the rooftop garden in his building. Larry works at Sunrise Janitorial, volunteers consistently at Word on the Street, and is an outgoing positive face at 20 Spadina. Larry is also active in literacy at St. Christopher's House and loves his time there.

Now Larry is working on a special research project as a researcher with some Social Work University Professors. Larry is working with them using technology to show how he maps his way around his community. Larry will return to the SAC with the outcomes of his research, and we can't wait to share that story with you.

The SAC thanked Larry for sharing the stories, and applauded his bravery in surviving. We're very happy

Larry came by the SAC meeting, and hope he returns more often!

Congratulations to Larry and all the Huronia survivors. As Larry says, "It's About Time!"



*Larry shares his story at the SAC meeting.*

# Events / Workshops

## Unused gift cards you're never going to use?

Consider donating them to Community Living Toronto.

They will be used to purchase things like movie tickets, toiletries, groceries, or items for holiday hampers - all to help individuals or families in need!

To donate a gift card, contact Elliott Port at 647.729.1144 or by email at [Elliott.port@cltoronto.ca](mailto:Elliott.port@cltoronto.ca)

## Etobicoke/ York Region Council Holiday Party Drop-In

Join us for a social evening featuring a light buffet and good cheer!  
Everyone welcome!

Tuesday December 10th  
6:30 to 8:30 pm.  
Etobicoke/ York Region Office  
295 The West Mall, Suite 204

*Donations are welcome for the Etobicoke Holiday Hampers Program.*

RSVP appreciated but not required.  
Contact: Eric Laimer 647-729-0445

## Learn 2 Cook Healthy Meals

Come learn to make nutritious and delicious meals and take away a recipe book of your own!

This 10 Week class will take place on Monday evenings from January 13 to March 17 from 5:00pm to 8:00pm at 1712 Ellesmere Rd in the basement kitchen.

The cost of the 10 week class is \$125.00  
Eligible Students must have basic food preparation skills and come for a 'Getting to know you' interview.

Please call Felicity for information and to book an interview at 647-729-1635 or [fzanatta@cltoronto.ca](mailto:fzanatta@cltoronto.ca)

Supported by Scarborough Region Council

## Pizza/Bingo Night at Victoria Park Hub

Monday November 18, 2013  
6 - 8 p.m.  
1527 Victoria Park Avenue  
2nd Floor (Wheelchair Accessible)

**Everyone Welcome!**  
\$2.00 Cover Charge

**Pre-registration required!**  
**Please Call:**

Flora Nichols: 647-729-3645  
Wendy Dyke: 647-729-3627

Space is Limited!  
Don't be disappointed,  
Register Early!!

# Calendar of Events

## November 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Lawson Dance	2 Trihards Bowling
3	4 NY Council Meeting Scarborough Council Meeting	5 Scarborough Residential Alternatives	6 Central Dinner Club	7 Moms Together	8	9
10	11	12 Etobicoke Council	13 Central Dinner Club	14	15 Scarborough Bingo	16 Trihards Bowling
17	18 Pizza/Bingo at Victoria Park Hub Flu Clinic -20 Spadina	19 Central Council Meeting	20 Central Dinner Club	21 Moms Together	22	23
24	25	26	27 Central Dinner Club	28	29 Connections Dance	30 Trihards Bowling

## December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NY Council Meeting Scarborough Council Holiday Party	3 Scarborough Residential Alternatives	4 Central Dinner Club	5	6 Lawson Dance	7
8	8	10 Etobicoke Holiday Party	11 Central Dinner Club Holiday Dinner	12	13 Connections Dance	14 Trihards Bowling Holiday Party
15	16	17	18 Central Dinner Club	19	20	21
22	23	24	25	26	27	29
29	30	31	Central Region: Ann-Marie Binetti 647-729-1210	Etobicoke/ York Region: Eric Laimer 647-729-0445	North York Region: Wendy Dyke 647-729-3627	Scarborough Region: Felicitia Zanatta 647-729-1635

## Community Living Toronto Is Collecting Donations for the Annual Holiday Hamper Drive

We are looking for donations of **NEW** items only please  
Unwrapped Toys, Books, Personal Hygiene Products, Socks, Hats, Mitts,  
Scarves, Gift cards for Restaurants, Department or Grocery Stores, Canned goods,  
Movie Passes, Monetary Donations or Consider Adopting a Child or Family!

Help give a family some cheer this holiday season!

Please see below for drop off dates, locations and contacts.

North York Region Office  
1122 Finch Avenue West, Unit 18  
Drop off by Dec. 10  
Wendy Dyke 647-729-3627  
wdyke@cltoronto.ca

Etobicoke ETS  
288 Judson St, Unit 17  
Drop off from Dec. 2-11, 9-3pm.  
Eric Laimer 647-729-0445  
elaimer@cltoronto.ca

Scarborough Region Office,  
Scarborough ADP  
1712 Ellesmere Road  
OR Warden Woods ETS  
50 Fairfax Crescent  
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