Come CELEBRATE



Event invitation artwork by Sharon Brown. Made at Big Dreams Art Company.

Save the date and join us for Community Living Toronto's

Donor Recognition Evening

Wednesday October 2, 2013 at 5:30 pm

Reception, Award Ceremony, Refreshments & Hors D'oeuvres

> **TELUS House** 25 York St. Toronto, ON M5J 2V5

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COMMUNITY LIVING TORONTO **PUBLIC RELATIONS AND FUNDRAISING**

20 Spadina Road, Toronto, ON M5R 2S7 416.968.0650 fundraising@cltoronto.ca

www.communitylivingtoronto.ca

Charitable Number 10769 4143 RR0001









donordolars In action Community Living Toronto Donor Stewardship Update



Inside You'll Find

- A Message from the President and CEO
- Accountability Statement and Financials
- Making Dreams Come True
- Creating Opportunities
- LIGHTS in Review
- Volunteers with a Heart
- Inspiring Hope
- Tomorrow's Leaders Today



Where choices change the lives of people with an intellectual disability

www.communitylivingtoronto.ca

Fall 2013

Partners in Making a Difference!

Connect ABILITY.ca - our virtual community focused on lifelong learning for individuals with an intellectual disability - is always looking for ways to expand its capacity and provide innovative supports to many individuals who use the site. Most recently, Connect ABILITY.ca created a Budgeting 101 online module to assist individuals in developing successful budgeting skills and habits. Written by front-line support staff, the module is created for people with an intellectual disability, as well as their support network, so that each individual can get a better understanding of how to take control of their finances. The Banking 101 module - which will be up on the ConnectABILITY.ca site shortly, will focus on the following:

- What is Money
- Budgeting
- Personal Banking
- Spending Strategies

Having always been incredibly supportive of Community Living Toronto, CIBC stepped up to the plate and provided \$60,000 over three years to create a Personal Finances section for this module. When CIBC was made aware of Connect ABILITY.ca's desire to include visuals and create a video demonstrating the tasks of depositing and withdrawing money using an ATM, they generously let Community Living Toronto use the branch at Yonge and Bloor for a photo shoot. So, in early summer, four individuals from Community Living Toronto's Supported Independent Living Program, along with two friendly and enthusiastic CIBC employees were involved in the photo shoot of the campaign.

It is through the generous contribution of all our donors that we are able to create innovative modules, programs, and services focusing on the life-long learning and development of all individuals supported by Community Living Toronto. Read on for other inspirational stories of how you are making a difference in the lives of more than 6,000 people with an intellectual disability.

From the PRESIDENT & CEO



Thank you!

Our donors continue to be committed and generous, knowing that their donations directly impact people with an intellectual disability, and it is our pleasure to bring you this edition of Donor Dollars where you can read more about the impact your donation has on people's lives.

Our donors don't only contribute funds; they also contribute their time, materials, and items that contribute to someone's home, their garden, or help a person achieve their dream.

The Choices that can Change Lives Fund has made several dreams come true. You can read about Melanie's new computer, who's been saving on her own but needed just a little bit to help her achieve her goal.

Our corporate partners Telus and BMO consistently show up every year with plants, garden materials and tools to help beautify gardens and backyard spaces, ensuring that a house is much more of a home. When CIBC was told about the development of an online training module on Connect ABILITY.ca that teaches people how to use an ATM safely and securely, they wanted to be involved. And State Street continues to support youth initiatives and meaningful employment through their support of Youth 2 Work.

Large or small, your donations are important to us. They help us achieve our mission, but most importantly, they help to ensure that people with an intellectual disability have every opportunity to explore, learn and contribute that every citizen does.

You can learn more about services and supports on our website, www.communitylivingtoronto.ca.

Thank you for your continued support.

Chris Stringer President

Garry W. Pruden Chief Executive Officer

Our Mission

Community Living Toronto changes the lives of people with an intellectual disability by giving them a voice, and supporting their choices where they live, learn, work and play.

The Fred & Donna Leslie Foundation The Jarislowsky Foundation

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Celebrating Community Living Month

We would like to thank the families who asked that gifts be designated in memory and in honour of their loved ones.

Our apologies for any errors or omissions.



Art inspired by the outdoors

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Standard Life

We're Accountable to YOU

Community Living Toronto supports more than 6,000 individuals annually and we couldn't do it without you!

Because of you we are able to do even more to help individuals and their families. This past year your generosity helped

- provide summer camp experiences and recreational activities
- create literacy and cooking classes
- support creativity through arts programming
- individuals and families in need during the holiday season
- build playgrounds for kids of all ages
- youth transition from school to work or volunteer activities
- individuals become independent through travel training and supported housing initiatives

These are just a few of the areas where you have made a direct impact and we can't thank you enough!



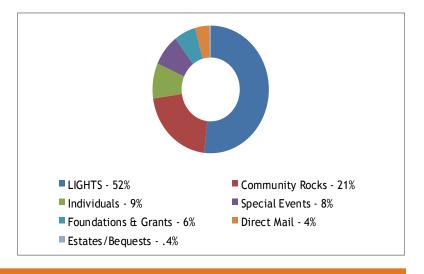
The Fundraising Picture - Fiscal 2012-2013

\$1,687,442 **Total Revenue Direct Fund Raising Expenses** \$ 478,131 Net Revenue \$ 1,209,311

% Expenses to Fundraising Revenue 28.33%

For every dollar donated, .72 cents goes directly to support individuals who have an intellectual disability.

Sources of Fundraising Revenue



Accountability

Community Living Toronto is a member of Imagine Canada and adheres to the Ethical Fundraising and Accountability Code. Our fundraising staff are members of the Association of Fundraising Professionals and as an organization we adhere to the Donor Bill of Rights as endorsed by the Association of Fundraising Professionals.

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Making Dreams COME TRUE



The Choices that can change Lives Fund is the "Cherry on top of the sundae" that helps individuals and families achieve goals and dreams that they've been working towards. Together with individuals, families, donors, staff, and community agencies, we are creating partnerships to make dreams come true and it's people like you that are helping to make this happen!



Melanie with her new laptop

Melanie gets a new laptop

Melanie attends college, has a part time job and, like most young adults, likes to connect with friends, Family, other students and teachers online. Unfortunately, her old computer was no longer meeting her needs. And the portability of a laptop was critical to her success at school.

Melanie had been saving to buy a new laptop when her family found out about the Choices that can Change Lives Fund. An application to the Fund was made and granted! With her savings and a grant of \$500, Melanie's goal of owning a new laptop was reached that much sooner!



The boys and their support team at this year's Achilles Walk raising funds for their trip

A trip of a lifetime!

Rashawn, Ralph, Joshua and Doug have lived together in a Community Living Toronto home for years. They are now moving on to new homes and will no longer see each other every day. They have shared a Dream to go to Disney World together before they move. These young men and their team of staff and friends was committed to making this dream come true!

This past year, with a plan in place, these young men and their team have been busy raising funds through bakes sales, raffles, lunch catering, and garage sales.

They started making some great progress but knew that they would need some help. Rashawn, Ralph, Joshua and Doug, decided to submit an application to the Choices that can Change Lives Fund. Because of all of their hard work and strong partnerships, the Choices that can Change Lives Fund review committee was thrilled to grant each young man \$500 towards this trip of a lifetime.

Choices Change Lives

Your gift to the Choices that can Change Lives Fund whether big or small makes a direct impact on individuals and families. For more information contact Sylvie Labrosse 647.729.1180 or visit www.choiceschangelives.ca



Having fun at the Annual Picnic

Kamal Mansour Paul Markle Catherine Martin-Doto Janet Masching Maryanne Mason Paul Masse **Eleanor Massey** Francesca Mastrella A. Maziarczyk Eugene McCallen Angela McCallion Stella McCready Barbara McDougall Craig McFadyen Elizabeth McGrath Ross Mckee John McMahon Geoff McMullen Carolyn McNeil Eva McPhail Linda McQuaig Lucia Medeiros Garry Melville Winifred Menard Pauline Mendes De Franca Chris Mercer Susan Mercer Maria Mimra Ian Mishkel Joyce Mitchell Hilda Mitz Jack Moldofsky Gary Montgomery Beverly Moore Patricia Moore Ann Morgan William Mosher

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Shooting hoops at Duncan's Farm.

Creating OPPORTUNITIES



Getting Youth 2 Work!

State Street's grant making program works to collaborate with peers, educational institutions, and charitable organizations to ensure individuals are economically thriving and intermediate and entry-level talent is available to meet employer needs. In the same vein, Community Living Toronto received a grant from State Street to open up a new Youth 2 Work category - partnering with schools and ensuring individuals supported by Community Living Toronto have the skills needed for life after graduation.

Community Living Toronto's Support Worker Flora Nichols explains how the funding has changed the life of one individual.

I first met Shakur in the spring of 2012. State Street funding had meant we could outreach that little bit further and into some local schools. It was all very exciting.

Shakur is a talented young man who loves basketball—he certainly has the height for it! And as I have witnessed, the talent.

What we needed was a plan - a plan for his future, one that would enable his transition through to adulthood and would unlock those talents.

Given his love of sports, we applied for and secured a spot at his nearby YMCA. From the front desk and clerical duties to the locker room and gym, Shakur fit in just great.



We were also quick to get him mobile. State Street funding not only meant we could get a plan up and running, but now Shakur had the dedicated staff support he needed to really make a difference in his life. His mom said it wouldn't happen, but with the encouragement of staff, we now have a man who comfortably takes the TTC to the YMCA!

Such was Shakur's response to his plan that he was offered another spot in our United Way funded Youth 2 Work project where he'll continue his supports for another three years. State Street started it and now Shakur will continue on at the YMCA without any interruptions in service.

When we first met that spring, I remember a person who was shy and aloof. What a difference a year can make. Now, not only does Shakur stand tall, but he proudly exudes the manner of a man in the making. Just ask his mom!

Gift Cards

Do you have unused gift cards? Consider donating them to Community Living Toronto. They can be used to purchase things like movie tickets, groceries, or items for holiday hampers. All to help out individuals or families in need. To donate gift cards, contact:

Elliott Port at 647.729.1255 or by email at elliott.port@cltoronto.ca

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In REVIEW



Two Year Pilot Wraps Up

As the final pilot year of LIGHTS wraps up, we look at some of the program's past achievements and highlights. We look forward to an exciting future of creating more opportunities for families to help their children achieve independence and the security of living in their own home with the support of their families, friends and caregivers;

As of October 2012, LIGHTS achieved the following:

- 200 families had inquired about the program
- 58 families were assisted in the development of a person-directed plan towards their LIGHTS goals
- 21 developed a budget plan
- 18 families applied and were successful in receiving funding for LIGHTS

During its pilot, a major achievement was celebrated when three families supported by LIGHTS were approved for annualized government residential funds for their living arrangements and no longer required funding support.

LIGHTS Advisory Board

Chair

Mary Pat Armstrong

Patsy Anderson
Doug Biggar
Ian Brown
John Clark
Ann Doritty
Henry Eaton
Chris Lang
Tom MacMillan
Garry Pruden
David Stewart
Daniel Sullivan

The Survey Says

In addition to helping individuals with an intellectual disability find a home to call their own, a customer satisfaction survey revealed that LIGHTS:

- increased families' knowledge of alternative living arrangements
- improved families resource connections
- assisted in developing feasible and detailed budgets with families
- families were very satisfied with the LIGHTS services
- families would recommend LIGHTS to others in same situation

Currently, there are approximately 2,400 individuals on the wait list for residential supports in Toronto, with families becoming increasingly concerned that services for them will only be available on a crisis level. As we continue to raise funds and awareness of the LIGHTS initiative, we believe this program has the potential for further growth in Toronto, as well as be replicated in other communities as a successful housing alternative to individuals with intellectual disabilities.

Filling the Gap

A gift to LIGHTS will help provide funding for those in need and seeking a home of their own. Visit our website at www.LIGHTS.to and make a gift today!

You are CHANGING LIVES



A great day spent at Duncan Jackman's Farm

Donor Dollars in Action is Community Living Toronto's a bi-annual stewardship report.

This report recognizes gifts for the 2nd half of our 2012-13 fiscal year—October 1, 2012 to March 31, 2013.

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Heather Elson

Louise Fast

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Tomorrow's leaders TODAY

Community Living Toronto was recently approached by grade 9 students at Royal St. George's College to assist in a Youth and Philanthropy Initiative (YPI) presentation. The program connects students with local charities helping them understand social issues in their communities, while teaching them research and presentation skills. Students present their charity of choice at an assembly and the winning organization is given \$5,000. Thanks to a wonderful presentation by Kai Ellis, Sean Fielding, Matthew Hope, and Liam Strachan, Community Living Toronto was the winning organization at Royal St. George's last YPI presentation! Below is Matthew Hope's account of the presentation. (Reprinted by permission from Royal St. George's College Headmaster's Newsletter)



From l to r: Liam Strachan, Sean Fielding, Kai Ellis and Matthew Hope. Money from the YPI will be donated to Build a wheelchair accessible dock at Shadow Lake Centre

"Up to three per cent of the Canadian population has an intellectual disability - including almost 100,000 people in Toronto. I know for a fact that YOU DO know of someone with an intellectual disability — although you may not know his name. Yet."

And so began the winning YPI presentation to the Grade 9 class on April 30. YPI began right here at RSGC in 2002 and has since engaged thousands of students across Canada, the US and the UK. YPI has granted over \$6 million in funding to grassroots charities across Canada and continues to grant approximately \$1 million each year.

The Grade 9s worked together in groups, studying the social needs of our community. We had to select a social need we are passionate about. My group chose Community

Living Toronto, which changes the lives of people with intellectual disabilities. We analyzed their mission, budget, fund allocation and impact on the community, visited the organization and interviewed Angela Bradley, Director of Public Relations and Fundraising. We also filmed an interview with Sammy Rizza, who works in our cafeteria. Sammy has an intellectual disability and has been helped by Community Living.

Each group put together a 10-minute presentation on its charity and how a \$5,000 grant would help achieve its mission. We invited Sammy to attend our final presentation. He sat right up front and had tears in his eyes when he was given a huge Georgian welcome by the audience. I think we all had tears in our eyes when he turned and waved to the audience.

Our team won the \$5,000 for the most compelling presentation, which goes directly to Community Living. Ms. Bradley said we could decide how it should be spent. The truth is that we all won more than \$5,000 that morning. We all gained an education in philanthropy, learned how to conduct an interview and, most of all, felt how good it is to help out a Georgian. We did it to help Sammy.

Lose it, Don't use it!

We believe the R word is a hurtful word and has no place in our communities. Sign our pledge to eliminate it at www.communitylivingtoronto.ca

Investing in FUTURES

Thank you!

The following Individuals, Corporations and Foundations have generously supported LIGHTS. Our accomplishments would not have been possible without you!

Trailblazer \$1,000,000 + Robert and Mary Pat Armstrong

Home Sponsor \$250,000 - \$499,000 The Harold E. Ballard Foundation

Family Sponsor \$100,000—\$249,999 Anonymous, John Clark, Cochrane Family Foundation, Harry E. Foster Foundation

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Leaving a Legacy

Consider naming Community Living Toronto as a beneficiary in your will, enabling you to make a lasting impact for future generations to come. For further information on legacy giving or to discuss other planned giving options, contact Angela Bradley at 647.729.1178 or Sylvie Labrosse at 647.729.1180.

Volunteers WITH A HEART

Telus Day of Giving

Community Living Toronto receives an outstanding level of support from many community and corporate leaders who contribute to our Association in a variety of meaningful ways.

Most recently, one of our biggest corporate supporters—Telus Communications - invited us to participate in Telus Day of Giving, an event mobilizing close to 15,000 individuals each year to make a difference in their communities.



On May 26, 18 volunteers from Telus embarked upon Community Living Toronto's Hobden group home and spent the entire day cleaning up the yard, planting flowers, digging up a new vegetable, and fruit garden and mowing the lawn.

After a concentrated team effort to beautify the Hobden group home, Telus employees - some of whom have never met before—enjoyed a delicious lunch while socializing with each other as well as Community Living Toronto employees and individuals supported by our Association. During this time, they had a chance to learn more about the work of the Association as well as the individuals in service.

And the results? A beautifully renovated garden and yard for the Hobden group home residents, a greater understanding of a local non-profit organization, and new friendships to last a life time.

BMO Days of Caring

On Wednesday, June 5, employees from BMO helped spruce up Community Living Toronto's Midland and McMillan group homes during United Way's Day of Caring. This wonderful initiative was hailed by staff and volunteers alike, with both groups already looking forward to next year!





Get Involved

Our thousands of volunteers play an essential role in the lives of individuals with an intellectual disabilities. For more information about our volunteer opportunities, visit www.communitylivingtoronto.ca .

Inspiring HOPE

On June 20, Surrey Place Centre held their 7th Annual *Inspiring Hope* Awards. Local individuals were honoured for their outstanding contributions in support of people with an intellectual disability. Community Living Toronto nominated one of our outstanding volunteers - Mary Pat Armstrong - who received the June Callwood Award for Volunteerism. This award, in honour of the late, June Callwood, recognizes individuals and/or groups for making

a profound difference in the lives of people living with developmental disabilities, autism and blind-low vision impairment.

Here is a glimpse of Mary Pat's incredible work with Community Living Toronto.

Through her outstanding philanthropic efforts of the past 30 years, Mary Pat Armstrong has brought an incredible amount of dedication, commitment and passion to all of her volunteer activities. While Mary Pat has generously donated her time and money to many causes, her outstanding commitment to advocate for individuals with intellectual disabilities continues to take precedence.

When Mary Pat started volunteering with Community Living Toronto in 1999, her reason was simple; to help improve the lives of people with an intellectual disability. Her first major focus was Connect ABILITY.ca - a virtual neighbourhood providing training and educational opportunities for individuals with intellectual disabilities. Drawing from her own experiences with her daughter Jenny, Mary Pat saw how technology could impact her daughter's life by teaching new skills and connecting her to her peers. This vision inspired Mary Pat to spearhead a

\$5 million capital campaign for this unique virtual neighbourhood, and has helped make Connect*ABILITY*.ca available at a local, national and global level.

As member of Community Living Toronto Patron's Council - a diverse group of community and corporate leaders committed to the vision of making a difference in the lives of people with an intellectual disability - Mary Pat works closely with the Association to secure revenue sources to fund new projects and opportunities for people with intellectual disabilities. Her most recent endeavour is a project called LIGHTS. This innovative housing alternative enables families with intellectually disabled children to work together to create, operate and manage a home to share. Under the program, LIGHTS helps a family develop a plan for their family member and find a suitable match for their child to share a home with. This ensures their sons and daughters with an intellectual disability will have the opportunity to live in the community, in a home they can call their own. To date, this fundraising campaign has raised close to \$3 million dollars.

The best part about Mary Pat's fundraising is that she will ask anyone for anything. She really believes in what she is doing, and you can't help but catch the passion. Mary Pat Armstrong is an extraordinary volunteer. She has inspired possibilities and rallied community and corporate leaders to support the needs of others. In doing so, she has forged creative public/private partnerships, addressed the needs of people with intellectual disability, and brought peace of mind to their families.

Get Involved

We are always looking for leaders passionate about our cause to join our Committees, Regional Councils, and Board. For more information, please visit the 'Get Involved' section of our website at: www.communitylivingtoronto.ca .

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