

Looking to spread some extra special holiday cheer?

We've recently been told about some families who are having a rough time and could use your help.

To get involved just call us,

let us know which family you'd like to help and we'll arrange a pick-up or drop off point.

Then go shopping!

Each family has identified their needs below.

To get started contact James at 647 725 1360 or iholzbauer@cltoronto.ca

He'd be glad to help you!

From the bottom of our heart - thank you!

You have to power to help out these families in need this Holiday season!

<u>Carole's Family</u>

Single mom Carole and her daughter Lilly have just moved their bug infested apartment. Living on a minimal assistance, rebuying aes is not an option for them. You can help this family by purchasing these item eir wish list:

L Pants Warm winter coat. Size XXL

Warm gloves Wide Socks

Wide shoes size 11-12 Video game system with games.

XXL Sweater

Susan's Family

Susan has two teenage sons with an intellectual disability usband has had a serious brain injury, and most recently Susan herself has have surgery. Susan's family is constantly struggling to make ends meet. Help of mily by purchasing these items on their wish list:

Non-Perishable Food items e XXL Boxers x2 Holiday Treat basket

Size XXL Thermal Socks x2 Grocery gift card

Size XXL Sweatshirts/Hoodies x2

L Jeans x2

<u>Marianne's Family</u>

Marianne is a single mom of 4 kids. Her son Dan has cerebral palsy and requires care from his older brother Robert, which doesn't make it possible for Robert to work. They live on minimal assistance. This family is constantly struggling end meet. If you want to help them out this holiday, you can purchase these on their wish list:

Non-Perishable Food Men's toiletries items ize 1

(Medium) Holiday Treat basket Bo (Medium)

Grocery gift card Theri s 14 boys

Hoodies x2 XL and M (Medium) Mens Sweatshirts/hoodies 14 boys

Sweats XL and M Mens (Medium) Underwear (Size 6 girls) Pants (Size 6 girls)

Blouse (Size 6 girls)

self living in a Toronto Shelter

Sweater (Size 6 girls)

Art supplies

Victoria's Family

Victoria is a single mother that was born with severe physical anomalies that required over fifty surgeries prior to the age of eighteen. Victoria's 15 year old son Carl is her care giver. They are constantly struggling to make end meet. You can help out this family by purchasing these items on their wish list:

Non-Perishable Food Woman's Black F e Loom **Presto Card** items und Steam Gift Card

Holiday Treat basket dium) Box (Online gaming site)

ze 30/30) Grocery gift card Jeans

Thermal Socks

After fleeing an abusive marriage over seas, Ashley

Ashley's Family

with 2 young children. Her 10 year old son, David en diagnosed with Autism. Ashley is motivated to provide the best for her children still struggling to make ends meet. You 📆 these items on their wish list: can make the holidays for this family by pu Clothing Items (Women Size x2

Shoes (Women Size 9) rains x2

go x2

Janice and Tom just recently had a baby boy, Noah. Noah has already has 3 major heart

Janice and Tom's Family

both his wife and new baby at the hospital. Janice is one nce and Tom is on a to make ends meet. You can parental leave, which has currently made it difficult eir wish list: help out this new family by purchasing these iter Non-Perishable Food War ter C mens Size L) Nice warm Sweater (Mens items

surgeries. Janice has not left his side since giving birth, and Tom has been taking care of

Size M) Warn nens) Holiday Treat basket **Baseball Hat** or both)

Grocery gift card Winter bunting suit (Size 0 Bambi DVD -3months) Rain Cover for

Crib Set (for boy)

Presto

Baby books

stroller

<u>Jane</u> Jane has gone though a tragic loss and is p none in the world. We added her to this

t Basket

list so we can hopefully brighten p her ve made up a wish list, but this one you can be more creative.

Aromatherapy Candles Scarf **Body Lotion**



Self Care Items





Bath beads/bath salts