



Connections

Supporting rights and choices for people with an intellectual disability

FEATURED STORY

We Updated Our Brand!



Supporting Rights & Choices

May 1st kicks off Community Living Month, a month long celebration of people with intellectual disabilities and the work we all do to build inclusive communities. We are marking the occasion by unveiling our new brand, including a new logo and tagline, and new Mission, Vision & Values. Over the last six months, and through numerous stakeholder consultations, our new Mission, Vision and Values has taken shape and we are excited to finally share it with you!

Our Mission

Community Living Toronto fosters inclusive communities by supporting the rights and choices of people with an intellectual disability.

Our Vision

**A society where everyone belongs.
A society where everyone is valued.**

Our Values

Community

Choice

Integrity



In this Issue

Pg 1		Featured Story
Pg 4		Central Region
Pg 5		Etobicoke Region
Pg 5		North York Region
Pg 6		Scarborough Region
Pg 7		Self Advocates Council
Pg 8		Volunteer Voice
Pg 9		Save the Date!

Leaders in Philanthropy Event



President of the Board, Victor Figueiredo; Host of the event, CP24's Arda Zakarian; Origami artist Joshua Splude; and CEO Brad Saunders.

The word 'philanthropy' can mean different things to different people, but for Community Living Toronto it means the desire to give back to your community by helping a cause that you feel strongly about. It means making a commitment to use whatever resources you have available, whether it be your time, your money or both to make someone's life better.

On April 18th, the Association held our first ever Leaders in Philanthropy event to recognize our donors and volunteers who go above and beyond to truly make a difference in the lives of people supported by Community Living Toronto.

Continued on next page...

Volunteers give their time which is something that is so precious that we can't even say how valuable it is. Time is one of the only things that we are truly limited in the amount we have and when we give it to others it is a true gift of ourselves. It is an opportunity for you to impart your values onto your children, your friends, your family, and your fellow community members and it's a way to encourage others around you to do the same. Community Living Toronto wouldn't be the organization that it is today without its volunteers and donors. In the next 2 pages, you will meet the Volunteer Award winners and learn a little bit about their story...



Youth Volunteer of the Year, 2017 – 2018

ERIC OITZL

Eric has been a dedicated Volunteer in our North York Region since 2014. Eric volunteers to help run the Pizza Bingo Nights located at the Victoria Park Hub and volunteers at our annual Family Fun Fair running carnival games! Eric is inspired to volunteer with people with an intellectual disability because they enjoy life, learning, and know how to have fun! He genuinely enjoys helping people and puts smiles on the face of everyone he encounters. Eric always aims to give everyone the most enjoyable experience possible. Eric is very involved with volunteering his time. When he's not volunteering for Community Living Toronto, he donates his time to his high school helping out with curriculum nights for the incoming grade 9 students as well as at an elementary school where he supervises kindergarten students during the lunch break. Eric believes that Community Living Toronto is a fantastic organization that helps people with intellectual disabilities be themselves, conquer personal barriers and live the best life possible. Congratulations, Eric!



The Sam “Ken” Samler Self-Advocates Council Volunteer of the Year, 2017 – 2018

DOUG CRELLIN

Doug has been a dedicated volunteer since 2002 volunteering for Central and Scarborough Region. Every two weeks you can find him at the Foster's Clubhouse Food Bank, where he unloads the trucks, sets up the donated food, breaks down all the cardboard boxes, and then helps distribute the food. His favourite part of this job is talking to the people picking up the food – he finds it rewarding to help people in need. Doug and his fellow Aktion Club members volunteer at Friday Night BINGO at Lawson where they run the whole show! Doug loves BINGO so much, that he also volunteers at the BINGO program for Bridgepoint Healthcare! Doug believes that Community Living Toronto is a good organization to be involved where they help a lot of people in need. Congratulations, Doug!



Scarborough Region, Volunteer of the Year, 2017 – 2018

SHAUKAT JAHAN DAISY

Shaukat “Daisy” has been a dedicated volunteer for over a decade in our Scarborough Region. Daisy was first inspired to volunteer with us because of her son, Shafkat, who is now 26 years old and is living with Down Syndrome. Daisy leads the online community at Scarborough Supported Work and Community Activities (SWACA). She supports the individuals as they navigate their favourite websites for learning or just for fun. She presents new and exciting workshops to the individuals on the internet and encourages them to write their own stories, so they can have their own voice. Daisy believes that Community Living Toronto is the best place for people with special needs and the best place she's ever seen! There are many possibilities for people with intellectual disabilities which will make people's lives better. Congratulations, Daisy!



Central Region, Volunteer of the Year, 2017 – 2018

EMORY C. GILBERT

Emory has been an active Volunteer for the past 2 years. He has been selected as the Volunteer of the Year in Central Region because of his unbelievable passion and desire to make positive change in the developmental sector. Emory's daughter Claire, who is living with an intellectual disability, inspires him to volunteer. He hopes that his involvement with Community Living Toronto will help benefit the community and improve the opportunities for as many as possible, including Claire. He invests his time into meetings that tackle meaningful issues, helps to organize Central Regional Council's Annual Spring Fling Event, as well as is the Master Ceremonies. Recently Emory wrote an article that was featured in the Connections Newsletter and his main focus is to make life a better place for those with disabilities and their supportive families. Emory is also part of the Parent Teacher Council at Kohal Educational Centre in Toronto, where Claire attends and also is a parent volunteer each Fall for their skating program. Emory believes that Community Living Toronto is about people, it's about us being connected. Congratulations, Emory!



North York, Volunteer of the Year, 2017 – 2018

MIKE DISENHOUSE

Mike has been an active Volunteer for over 2 decades! He volunteers in North York Region's Adult Developmental Program (ADP) every Monday. His presence and consistency has been vital to the community participation programming, especially on those weekly swimming outings! Mike is passionate about giving the participants at the ADP a choice of what activity they would like to do that day. Reading, music sessions, and going for walks around the community are a few of the favourite activities that Mike leads. Mike also volunteers at Reena Centre and also works part-time at Common Ground Coffee Shop at George Brown College. Mike believes that Community Living Toronto is a place where everyone is equal, has rights, and being different is okay! Mike's dedication remains an inspiration to the individuals we support and staff alike. Congratulations Mike!



Etobicoke Region, Volunteer of the Year, 2017 – 2018

JONI FICO

Joni has been a current Volunteer for 4 years at Etobicoke Region's Adult Development Program (ADP). Every Friday he assists the staff ensuring that all the lunch rooms are running smoothly. He engages with all the ADP participants and helps with their basic care needs as well as helps to set up and then clean up. Joni is a talented pianist and plays piano some days inspiring everyone around him. He takes request and always plays everyone's favourite songs. Joni is conscious of his expectations of the participants and is committed to his regular attendance. Joni's presence is always a positive one that lights up everyone's face when he enters the building. Joni pays individualized attention to every person he meets at ADP and checks in with staff to ensure that there isn't something else he could be helping with before leaving the building. Besides from volunteering at the ADP, Joni also volunteers at Creative Village Studios and helps out wherever needed. Joni helps make the ADP a place where everyone belongs and can live, learn, work and play. Congratulations, Joni!



Jim Turner Award for Outstanding Voluntarism, 2017-2018

DAVID LAYTON

It is with great sadness that we share news of the passing of our friend and colleague David Layton. David has been battling cancer for many months and passed away, peacefully, at home with his family by his side. David was awarded Community Living Toronto's highest recognition, the Jim Turner Award, at our Leaders in Philanthropy celebration.

David was part of the Board of Directors for Community Living Toronto and was also the Board President from 2013 to 2015. During his tenure on the Board he served on a number of committees – Chair of the Real Estate Committee, a member of our Finance and Audit Committee, and our Nominating Committee. David had been volunteering with us for over a decade. David's inspiration to volunteer and become involved in the disability community is his daughter Erin who will turn 30 this summer. What he enjoyed most about volunteering was the ability to help improve the quality of life for the people we support, to have been able to bring his expertise and perspective into our community, and also the opportunities to learn from the people we support. David also volunteered his time with the Out-of-the-Cold program at the All Saints Kingsway Church, was a parent-founder of the West Toronto KEYS to Inclusion, the White Ribbon Campaign, Reach for the Rainbow, and other various causes for Ryerson University.

Our deepest sympathies go out to David's wife Carol and his daughter's Erin and Beth and the rest of their family.

Here is a link to read his obituary: <https://turnerporter.permavita.com/site/DavidRossLayton.html>

To Your Health!

By: Michelle Grimley



Thumbs Up for the annual Central Region Flu Clinic

Taking care of your physical, financial, mental and emotional health is an ongoing commitment. That is why year-round Central Region hosts numerous health-focused programs and workshops, including: a **Flu Clinic, Tax Preparation Clinics, a Type 2 Diabetes Prevention Workshop, Cooking Classes, Caregiver Workshops and Easy Walks**. Many of these offerings are low-cost or free and open to the community.

Flu vaccines and tax returns can be dreaded tasks. Community Living Toronto works to make both as painless as possible! In November, staff, individuals and Members can get their Flu vaccine at our 20 Spadina Road Flu Clinic, in partnership with **Toronto Public Health and Emergency Medical Services**. The Government of Ontario website provides helpful facts about influenza and shows you where to get the flu shot by searching on a map of the city: <https://www.ontario.ca/page/flu-facts>

In March and April, two dedicated Community Living Toronto volunteers file tax returns for our individuals and Members at Tax Clinics supported by the **Community Volunteer Income Tax Program**. The Canada Revenue Agency website lists free Tax Preparation Clinics around the city: <http://www.cra-arc.gc.ca/tx/ndvdl/vlntr/clncs/toronto-on-eng.html>

In collaboration with **Homes First**, a Type 2 Diabetes Prevention Workshop was run in the new year at Foster's Clubhouse and a follow-up Summer Cooking Class will be held so that participants can put what they learned about nutritious meals into action!

When feeling overwhelmed, Mindfulness and Caregiver Workshops help people in our community cope with life's challenges to feel less stressed and more in control. The Living Life To The Full for Caregivers age 55+ Workshop is run with the **Canadian Mental Health Association** and **Anne Johnston Health Station**.

Our Spring and Summer Sunday Morning Easy Walks are kicking off on Sunday, May 27th and on each walk we will be exploring Central Toronto neighbourhoods, such as the Distillery District, Cabbagetown and St. Lawrence Market in the Old Town! Stay tuned!

Please contact Michelle Grimley at 647-729-1210 or michelle.grimley@cltoronto.ca

Upcoming Central Events

- | | |
|--|--|
| <p>Central Region Dinner Club
Every Wednesday
4:00 pm – 8:00 pm
30 Birch Ave</p> | <p>Central Region Easy Walk
Sunday May 27, 2018
10:00 am – 11:00 am
Meeting Point TBA</p> |
| <p>sprOUT Meeting
Monday May 14, 2018
5:00 pm – 8:00 pm
40 Birch Ave</p> | <p>Living Life To The Full for Caregivers 55+
Wednesdays - April 25-June 20, 2018
1:30 pm – 3:00 pm
Meeting Room 2B</p> |
| <p>Central Region Council Meeting
Tuesday May 15, 2018
6:00 pm – 8:00 pm
20 Spadina Rd, Meeting Room 1
All are welcome!</p> | |

For information on any of the above events, contact Michelle Grimley at 647-729-1210 or michelle.grimley@cltoronto.ca

Michael Stanford Retires! Friendship Needs No Words

By: Heidi Lahtinen



Michael at the SWACA Program on Judson

On Dec 31, 2017, Michael retired from Community Living Toronto after 38 years, 6 months and 6 days. Michael began his career working in residential services, mainly at Sibley and South Station. In 1997, Michael moved to community participation supports in Etobicoke on Judson Street.

During his time at Supported Work and Community Activities (SWACA) Etobicoke, Michael saw many changes within the sector and most recently provided personal support to many individuals during the transition from contract work to community and recreational activities.

To name only a few contributions over the years: Michael was Master of Ceremonies for the 2010 recognition event for participants at SWACA Etobicoke, he supported individuals in service on a 2015 boat cruise and in recent years has thoroughly enjoyed fishing with the participants at Shadow Lake.

Thank you, Michael, for your commitment and dedication to Community Living Toronto since 1979!

Happy Retirement!

Upcoming Etobicoke/York Events

Etobicoke/York Region Council Meeting

Tuesday May 8, 2018
6:30 pm
4895 Dundas St. W.
(Creative Village Studio)
All are welcome
RSVP: Georgina Stergiotis
647-729-0445

Friendship Club

Wednesday April 25
4:00 - 6:00 pm
Etobicoke Region Office
295 The West Mall,
suite 204
Registration:
LauraLee Edmiston
647-729-0440 or
ledmiston@cltoronto.ca

The Smile Theatre Group will be presenting:

“Sunny Side of the Street”

A comedy with favourite tunes and sketches
Individuals and Families are invited to join us for a special event at our SWACA Day Program

Wednesday May 23, 2018 at 7:00 pm

288 Judson St. Unit 17

\$5.00 entrance fee

RSVP by May 9, 2018 to:

Georgina Stergiotis
647-294-6906,

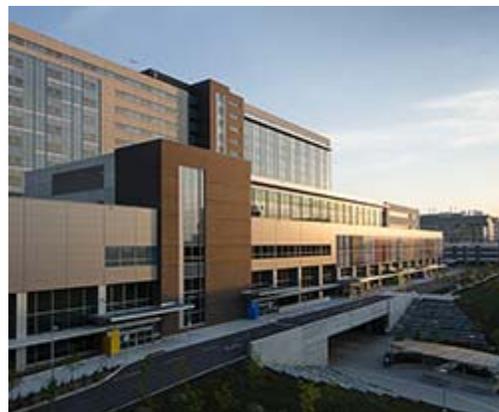
[georgi-](mailto:georgina.stergiotis@cltoronto.ca)

na.stergiotis@cltoronto.ca

NORTH YORK

Humber River Hospital Reaches Out to the DS Sector

By: Wendy Dyke



The New Humber River Hospital Opened in 2015

Community Living Toronto has always strived to provide the best possible supports and services to individuals with intellectual disabilities and their families. We seek opportunities to enhance services in ways that will enable people in service to live the best possible life. So when Jia Inacio from Humber River Hospital's Breast Health Centre reached out to our Regional Executive Director, Joe Persaud, we were pleased to have a new opportunity to connect with

local health services and partner with them in promoting their unique services and educational tools that have the potential for making a huge difference in the lives of those we support.

After initial contact, Joe connected with Georgina Stergiotis, Community Support Coordinator in Etobicoke Region and me to discuss what steps we might take to partner with Humber River Hospital. From this discussion, it was decided that the first step would be for Georgina and I to tour the HRH Breast Health Centre to learn about their approach to promoting their services and to provide information to Jia about the population Community Living Toronto supports.

The tour of the Breast Health Centre started at the registration reception area where patients scheduled for screening sign in. Jia was great at taking us through the entire centre, explaining how a lot of thought and planning went into the design when the hospital was being built. The centre includes: consultation rooms for patients to meet with surgeons; change rooms and a waiting area that is secluded from the general public; a centralized work area for administrative support staff and technicians; screening rooms where mammograms, ultra sounds, and biopsies can be performed. The centre also promotes bone health and has a room for bone densitometry to be conducted. This room is strategically located at the end of the Breast Health Centre close to a door for an external hallway. This enables access to patients coming in just for the bone density test without having to go through the areas where female patients are having breast screening. This was just one example of the care and thought that went into the centre's design. Other elements incorporated for patients' comfort include television screens displaying soothing scenic pictures to focus on during screening tests, calming music, and soft lighting. Any or all elements can be chosen by the patient.

For patients with mobility issues the centre has two specially designed chairs available that enable the technicians to position the patients so the screening can be accomplished with minimal discomfort. The chairs can be reserved for patients who need them when they call to book a screening.

During the tour, we were able to discuss the needs of the individuals we support and how the hospital could

help support them. The staff were very open to accommodating the needs of individuals in our services in whatever way they can. If an individual needs to have their support staff or a family member with them throughout the screening process, the centre is set up to accommodate this. Jia suggested that any specific needs should be discussed when calling the centre to book appointments. Tours can be set up prior to the actual screening for the individuals if this would help them understand and acclimatize the individual to what to expect. The tours can be arranged for individuals or for groups of individuals.

Group tours are often arranged for organizations as part of their outreach and education program. These tours include a walk through the Breast Health Centre and a presentation in the conference room adjacent to the centre. Georgina and I joined a group tour in late March to learn about how we might be able to facilitate the use of tours or presentation materials to promote screening. The presentation included snacks, lunch and PowerPoint presentations about three types of cancer screenings, information about Osteoporosis and the Humber River Hospital Patient and Family Resource. These sessions are designed so that if an attendee wishes, they can have a mammogram or bone density scan while they are there. For patients 50 years of age or older at average risk no doctor referral is needed; just a health card and doctor information so results can be sent to your family health practitioner. If attendees want to have a bone density screening, they can provide the hospital staff with the contact information for their family practitioner and they will contact them to get a requisition sent to the hospital for the test. Every effort is put forth to make accessing screening as easy as possible. The goal is to ensure that people are getting screened as early detection leads to increasing the probability of a positive outcome.

We will continue to work with the hospital to explore ways that we can promote education for cancer screening, bone health and other unique services offered by Humber River Hospital.

Below are resources for you to find out more about the hospital and its services:

Humber River Patient and Family Resource Centre:
<http://www.hrh.ca/healthresourcecentre>

Humber River Breast Health website:
<http://www.hrh.ca/breasthealth> from this page you can click on 'How to access this clinic' to get the number for the main booking office.

If you would like to contact Jia Inacio, she can be reached through the office: (416) 242 -1000 ext. 63625 or Email: jinacio@hrh.ca. Jia will be happy to answer any question you may have about the breast health centre or any of the hospital's services.

Upcoming North York Events

North York Council Meeting

Monday May 14, 2018

North York Annual Regional Meeting

Monday June 11, 2018

1:00 pm – 3:00 pm

North York Office Boardroom

1122 Finch Avenue West, Unit 18

Everyone Welcome!

Pizza/Bingo

Thursday May 17

6:00 pm to 8:00 pm

Victoria Park Hub

1527 Victoria Park Avenue, 2nd Floor

\$3.00 at the door

Register for

Pizza/Bingo online at

MyCommunityHub.ca

Search # 6858

For information on the above events contact:

Wendy Dyke

at 647-274-9281 or

wdyke@cltoronto.ca

Jumpstart Literacy

Every Saturday

9:30 am – 11:30 am

1122 Finch Avenue West,

Unit 16

Registration fee:

\$20.00 per person

Weekly fee:

\$5.00 per person

To learn more and to register, please contact:

Karla Galvez-Del Rio

at 647-296-6890

SCARBOROUGH REGION

Annual Achilles 5km Walk/Run

By: Felicita Zanatta



The Scarborough Team

On a beautiful, sunny Saturday March 18, 2018, the Scarborough team joined the Annual Achilles St. Patrick's Day 5km Walk/Run. It was truly perfect weather for the event as the temperature was neither too warm or too cold and the sun shone the whole time. There were a total of 12 participants on our Scarborough team.

The Scarborough Region Council has sponsored this event for 13 years. The fundraising event raised \$510 for the Scarborough Council. This money will be used toward the events and activities supported by the Scarborough Council. Activities like cooking class, dances, literacy class and information sessions for families are all wonderful benefits of Membership that are possible due to the ongoing fundraising efforts of the Scarborough Council.

Next year will mark the 20th Anniversary of the 5km Walk/Run for Achilles Canada and Scarborough Council will want to be a part of the excitement. Please join us for this terrific event next year.

For information about the fundraising event or any of the Council sponsored activities please contact Felicita Zanatta at 647-729-1635 or fzanatta@cltoronto.ca

MyCommunityHub.ca



ConnectABILITY.ca

Upcoming Scarborough Events

Council Meeting

Monday May 7, 2018
6:15 pm
1712 Ellesmere Road
All are welcome!

Summer Literacy Class

July 3 to August 3, 2018,
M-F from 9am-3pm
St. Richard Catholic School,
960 Bellamy Road North

Bingo at Lawson

Friday May 11, 2018
7pm-8:30 pm
1712 Ellesmere Road
\$5 for a snack and prizes

Scarborough Summer Day Respite

Worker available to support child or young adult at local camp or in the community for two weeks from July 2 to August 10, 2018.

Cooking Classes

Mondays
May 14 to July 30, 2018
5 to 8 pm - 10 class
\$150.00
1712 Ellesmere Road
Eligibility determined by interview

For more information on all of the above events and to register contact:
Felicita Zanatta at
647-729-1635 or
fzanatta@cltoronto.ca

Connections Dance

Friday May 25, 2018 7:30-9:30pm
1712 Ellesmere Rd.
\$8 admission
Call Lester at 416-566-7252

The Self-Advocates Council Gets Artsy!

By: Sue Hutton



Mike Edser (centre) stands beside Charles Hackbarth (Left of Mike) and the SAC members after working on a logo for the SAC.

Mike Edser has lots of ideas on how to be inclusive with self advocacy.

Mike brings a creative flair to the SAC. He talks a lot about superheroes, and how people who stand up for their rights are like superheroes.

His latest idea was to have the SAC develop a logo – in the same way Superman has a logo!

To make it really inclusive, Mike suggested bringing Charles Hackbarth in to lead an art session to help everyone get involved in the art. Charles worked with the Manson group doing art sessions and they all really enjoyed designing logos with him.

Our March meeting was all about art. Stay tuned to see some great art created by the SAC!



MyCommunityHub is an online registration space where people with a developmental disability and their families can find activities and programs that reflect their interests.

Upcoming SAC Events

Annual Meeting
Wednesday June 20
40 Birch Ave
1-3pm

SAC hosts a discussion with Toronto Police Services
Wednesday June 27
40 Birch Ave
1-3pm

For more information on getting involved with the SAC, contact Sue Hutton at shutton@cltoronto.ca

VOLUNTEER VOICE

Annual Volunteer Refresher Training Sessions

Volunteers may sign up for any session offered.

If you'd like to do this training in-person, please use the links listed below to register for an upcoming session.

You can also find all links at:

CommunityLivingToronto.ca/Volunteers

June 18th from 11:00 AM – 12:00 noon
295 The West Mall, Suite 204, Etobicoke

[Register](#)

October 22nd from 5:00 PM – 6:00 PM
20 Spadina Road, Central

[Register](#)

For information about volunteer opportunities or questions about the orientation and training sessions please contact:

Karla Galvez-Del Rio
647-296-6890 or kgalvez@cltoronto.ca

NEWS



Camp for Children Who Have Autism

This is a funded overnight camp for children who have a diagnosis of Autism. This unique camp opportunity is available for children ages 12-17 who would like to try an overnight camp for the first time. The camp will be 5 days and 4 nights.

The children will be able to participate in a variety of both indoor and outdoor activities such as arts and crafts, swimming, playing in the splash pad, paddle-boats, music and much more.

There are only 6 spaces available so please apply soon if you are interested.

Dates: August 12-16, 2018

Location: 15049 9th Line, Stouffville, Ontario L4A 7X3, 905-640-6432

Fee: There is no cost for this camp

To apply or to get more information please contact: Shelly Greenberg at 647-729-1627 or sgreenberg@cltoronto.ca

Upcoming Parent Share

All sessions 10 am to noon

Scarborough

Cedarbrook Community Centre

91 Eastpark Blvd

May 3, 17, 31, 2018

June 14, 2018

Downtown

38 Regent St., 2nd Level

Parent for Better Beginnings

(Regent Park area)

May 14, 2018

June 11, 2018

Etobicoke

295 The West Mall, Suite 204

May 17, 2018

June 21, 2018

North York

1122 Finch Avenue West

Unit 18

May 3, 2018

June 7, 2018

For information and to RSVP:

Karla Galvez-Del Rio

647-296-6890

kgalvez@cltoronto.ca

Bonnie Heath

416-645-6000, x 1311

BHeath@woodgreen.org

Follow Us!

     @CLToronto

www.CommunityLivingToronto.ca

Family Link
Families of People with
Intellectual Disabilities,
Connecting Through
Friendship and Support



United Way
Greater Toronto

LIGHTS is a unique program which has been created by community leaders in partnership with Community Living Toronto to address the very significant shortage of independent and appropriate housing for intellectually disabled citizens in Toronto. Its goal is to enable new housing opportunities to flourish for the intellectually disabled, and to share its blueprint for success with other communities across the country. Visit LIGHTS.TO for more information!

LIGHTS FACTS & FIGURES

A LIGHT in your community

68 

People have moved into independent living after LIGHTS facilitation.

21 

Families have moved on from LIGHTS.

48 

Families have chosen LIGHTS funding.

281 

Families have received advisory services.

175+

Presentations to date, reaching more than 3,000 attendees.

LIGHTS was founded in 2011 by a group of concerned community members and families.

2011

Partnerships

- Government of Ontario (Ministry of Community and Social Services)
- Community Living Toronto
- Community donors (foundations, corporations, individuals)
- Families

Funds Raised To Date **\$6.1M**

- Over **5 million** pledged to date
- Funding from the Ministry of Community and Social Services for Facilitators

Funding to Families **\$20,000/yr**

Variable of approximately **\$20K annually per family** funded. Some families do not need funding but still benefit from LIGHTS facilitation.

Operating Costs **\$5,000**

Our only salaried positions are paid for by the Ministry of Community and Social Services and the majority of other costs are a gift-in-kind partnership with Community Living Toronto. Printing, some communications materials and brokerage fees are less than \$5,000 per year.

Result **98%**

A cost effective program that enables about **98%** of our private donations to leverage our government funding for the staff who create the opportunity for person-directed living arrangements that would not otherwise exist.

Through LIGHTS, there has been increased parental job productivity and a broad increase in quality of life for both individuals with an intellectual disability and members of their family. In addition there has been an opportunity for developmental services staff to learn and build an innovative program while providing person-directed supports to individuals with an intellectual disability. Because of LIGHTS, long term societal opportunities for inclusion and a more fulfilling life are increasing for these individuals, and costs to society are decreasing.

16/04/2018

SAVE THE DATE!



SATURDAY
JUNE 9TH

11AM—3PM

1712 ELLESMERE ROAD

\$4 ADMISSION

COMMUNITY LIVING
Toronto



CARNIVAL, BINGO, BBQ, GAMES AND MORE!

WWW.COMMUNITYLIVINGTORONTO.CA

**COMMUNITY
ROCKS**

The Queen Elizabeth Theatre
Saturday November 10th
communityrocks.ca

Get your dancing shoes ready to dance at the DISCO!

Regional Council Nomination Form

In accordance with the bylaws of Community Living Toronto, this is to inform you that it is now time to nominate members to serve on Regional for the 2018-2019 membership year.

Councils meet once per month and undertake the development and implementation of initiatives to ensure a better quality of life for our community. Council is comprised of parents, professionals, people with special needs, and other interested community members. Any person willing to serve on Council must be a registered member of Community Living Toronto and be willing to serve for a period of at least one year. The election of Council Officers will take place at June Annual Regional Meetings. Please forward Council Nominations to the Membership Coordinator for your region or bring your nomination(s) to your Annual Meeting.

I, _____, being a registered member of Community Living Toronto, do hereby nominate _____, also a registered member, to serve on the _____ Council for the 2018-2019 membership year.

Enter Region of Membership or Self-Advocate

I, _____, being a registered member of Community Living Toronto, do hereby nominate _____, also a registered member, to serve on the _____ Council for the 2018-2019 membership year.

Enter Region of Membership or Self-Advocate

Etobicoke/York Region: Georgina Stergiotis - 647-294-6906 - georgina.stergiotis@cltoronto.ca

North York Region: Wendy Dyke - 647-274-9281 - wdyke@cltoronto.ca

Scarborough Region: Felicita Zanatta - 647-729-1635 - fzanatta@cltoronto.ca

Central Region: Michelle Grimley - 647-729-1210 - michelle.grimley@cltoronto.ca