



Shadow Lake News

Winter 2019

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Owned and Operated by:



Our Kick-Off Weekend was a success!



Here are some of our first guests for Shadow Lake weekends. Friendships were made, adventure outside we had, and fun new T-Shirts were created.

We're now offering Shadow Lake Weekends - fully supported camp getaways for people with an intellectual disability.

Our very first Shadow Lake Weekend was a success! We had a great time exploring the camp covered in snow, played sports in the barn, did some art & crafts, enjoyed music, and more. New friends and new T-Shirts were made!

Book from now until March 2020.

Apply  with [MyCommunityHub.ca](https://www.MyCommunityHub.ca)

Introducing Shadow Lake Weekends!

For Ages 10 and up!
Staffing ratio 4:1
Accessible & Heated



Dates & Rates

The Shadow Lake team is excited to get our programming underway for this summer. We've worked with our entire team to create accessible, fun, and exciting themes and activities for each of our sessions. This year we have added a couple new weekly themes such as "Steps to Independence Week".

Rates and guest-to-staff ratio per week:

- 1:1 - \$2,275 8 Guest Spaces
- 2:1 - \$2,275 8 Guest Spaces
- 3:1 - \$1,925 15 Guest Spaces
- 4:1 - \$1,750 20 Guest Spaces
- 5:1 - \$1,575 15 Guest Spaces

Steps to Independence—\$1,000 40 Guest Spaces

Contact the Shadow Lake Office before applying for this week (Session 11)

shadowlake.office@cltoronto.ca

905-640-6432

Early Bird Special!

Apply for camp between December 2nd-December 31st, 2019 for Sessions 1-3 and get \$250 off!

Use the code: **ebirdcamp@**

*Code can only be used once per guest.

*Applies to any ratio choice.




Applications for camp open December 1st!

MyCommunityHub.ca

Here are the dates and themes for Summer camp 2020:

Session	Date	Theme
1	June 7 – 13	Off to the Moon/Space Week Take off to the stars and see what's in the galaxy beyond. Stargaze and identify all our planets in the galaxy; from crafts to space simulators we will do all things space this week!
2	June 14 – 20	Music Week Lots of singing, dancing and karaoke! Showcase your own talent or explore all different types of music. From drumming circles to sing-a-longs at the campfire we will be jammin' all week!
3	June 21 – 27	A Year in a Week Celebrate all the seasons and festivities of a year over 1 week including: A visit from Santa, A Haunted Halloween extravaganza, Chinese New Year and more!

Summer 2020 Dates and Themes

Session	Date	Theme
4	June 28 – July 4	Oh Canada Enjoy fun Canadian themed activities all week. Pack lots of red and Canadian gear as we celebrate our country. Get ready for a spectacular Fireworks display on July 1st!
5	July 5 – 11	Superhero Week Have a favourite superhero? We can't wait to hear about it! Help us save the world as one of our superheroes, who will visit us this year? Sign-up to find out!
6	July 12 – 18	Camp Hollywood From Disney Movies to our TV favourites, this is a week of theatre, games, music, glitz and gam! Will you get your name on the Hollywood Walk of Fame or star in our Shadow Lake movie? Come showcase your talent—we can't wait to see what you've got!
7	July 19 – 25	The 2019 Shadow Lake Games - Olympic Week Show us your Shadow Lake Spirit! Your cabin adopts a country to earn points and competes in fun activities all week. Amazing opening ceremonies an olympic parade, award ceremonies and we'll end it off with a closing celebration. Bring your competitive edge and be ready to compete for gold!
8	July 26 – August 1	Shadow Lakes Got Talent Do you have a special talent to share? This is the week to come and show us. We'll have a spectacular show by a talented magician. And an all-time camp favourite, the crowing of Mr. And Mrs. Shadow Lake!
9	August 2 – 8	Wacky Water Week Get ready to get wet! This week, we will do everything we can to stay cool with water. From activities on the lake to our splashpad you'll want to stay in you bathing suit all week long!
10	August 9 – 15	Adventure Week Come explore our outback and see how much wildlife we can spot. We'll be hiking through the forest non-stop! Meet some special animal guests up close! Enjoy "safari rides" through the outback and on the water!
11	August 16 – 22	Steps to Independence Mornings will be Steps to Independence activities. Afternoons will be traditional camp activities. Evening will be fun social events. Reach out to the Shadow Lake Office for more information. Please note: participations requires lower support needs. (8 guests : 1 staff)
	Day Camp	Interested in coming to camp during the day but not sleeping over? Our day rate for the week = \$300 per day from 8:30 AM – 8:30 PM Includes all activities, meals, snacks, t-shirt, and hat! Bring your own Staff: no charge for the staff to stay and eat at camp but we do not provide staff for day visit. Register at the 3:1 ratio.

What Shadow Lake Means to Me

This year we reached out and asked what Shadow Lake means to you. Here are some of the many great testimonials that we have received! Thank you to everyone that sent us the kind words.

We really appreciate and value your feedback.



Jocelyn Lowry with one of the fish caught at camp

I like how they do my diet and at the end of the week, we go to George's convenience store for our red stop. I like the program, the talent show, the dance, and pontoon boat rides. I always like spending time with staff friends and when staff reads my book to me. Each year I enjoy catching big fish, and helping Marissa with the property and chasing geese. I like feeding the fish under Gary and Marissa's dock. I enjoy when program does scary haunted houses, and taking part in kangaroo court. One thing I enjoy are the fire works on Canada Day.

Jocelyn Lowry (Camp Subsidy Recipient)

It is always such a pleasure to come back to Shadow Lake, not only are the surroundings beautiful but the facilities are excellent, and the staff are amazing to work with! It is a well-loved tradition to come camping here!

Colette Larsen . Teddy, 3rd Stouffville Sparks and Brownies - Contact Guider

We've been using the facilities at Shadow Lake for years. The energy is magical, the environment is spectacular, and the facilities have everything you'll ever need to make your stay an amazing experience.

Anthony Dykstra (Legacy Discovery Men's Group)



A couple guests enjoying a peddle boat ride.

Provide the gift of camp today!

Make someone's summer special with your donation today! Help support the cost of camp with a gift to help with camp subsidies, sponsor someone to attend camp for a week, replenish arts and crafts supplies and help purchase new sporting equipment or games. Cash donations are appreciated, however if you have art supplies, bedding, sleeping bags or board games that are new or gently used, we'd be happy to put them to good use.

Donate at ShadowLakeCentre.ca

For further information or to contact us about donating gently used items, contact Sylvie Labrosse at sylvie.labrosse@cltoronto.ca or 647-588-9465

Rates and **Guest-to-Staff Ratio**

Meet Senior Staff



Jamie, Senior Camp Coordinator

I'm a graduate of a Behaviour Science Technology program and am currently working towards a Bachelor Degree in Behaviour Analysis. Shadow Lake holds a very special place in my heart as this year marks my 9th summer working here! Being a student, Shadow Lake has provided me the perfect opportunity to grow and expand my skills during the summer months. Shadow Lake Centre allows for each unique individual to express their creativity, and expand on old and new friendships which I absolutely love being a part of.



Kaylee, Camp Coordinator

I'm excited to say that I will be returning to camp for my 6th summer! Shadow Lake is a special place that quickly becomes home to so many amazing people. I choose to come back every summer because of the great staff and guests I have the pleasure to get to know. One of my favourite things at camp is reliving memories with our guests from past summers. I love when guests remind me of the fun and goofy things we did, like hiding and jumping out at another counsellor, or singing and dancing the entire pond trail walk.



Claire, Healthcare Staff and Coordinator

Shadow Lake has become a second home to me over the past 3 years, working as Healthcare Staff and Coordinator. As a nursing student and someone with a passion for working with individuals with intellectual disabilities, camp combines my love for nursing and developmental service work in the most beautiful setting. I am so excited to reunite with all the amazing Guests and Staff at camp this summer. Relationships I have formed and memories I have made over the last few years, have been extremely rewarding and life-changing.



Ryan, Counselling Coordinator

This will be my 3rd summer here on the lake and it can't come soon enough. Shadow Lake is a place for involvement, inclusion, memories, friends, and smiles, but these are only some of the reasons camp is the best place on earth. Every year, Shadow Lake gets better and better, there has been so many amazing renovations to the camp, new guests that get to experience this beautiful place, and the returning guests that come back year after year. This place has stolen a piece of my heart and it will live there for the rest of my life. See you at the best place on earth, with the best people I've ever met.

**WE'RE
HIRING!
SUMMER CAMP 2020**

Do you want the best summer job ever?
We have openings from Counsellour to Maintenance!
Apply by contacting Angela Sweet
905-629-7052
asweet@flworkforce.com

Camp 4 a Day!

The Open House



"O-Rides" around the property



Arts & craft projects



Roasting marshmallows around the camp fire



Boat rides around the lake



Treats from Vince's BBQ food truck

found out – no matter the weather, we always have a blast here at Shadow Lake.

This year we added a food truck from Vince's BBQ that supplied us with delicious hot dogs, burgers, and one of the best poutines around. We also added balloon animals and face painting which were a hit with the young and old.



Good times together

On Saturday September 28th, we had our annual open house. 403 people joined us for "Camp 4 a Day" and experienced what camp is like here at Shadow Lake.

Boat rides, games, campfire, tuck shop, "O-rides" were just some of the activities that the public got to enjoy. The day was a bit rainy and grey, but as our guests quickly

Thank you to all of our summer staff and volunteers who helped out and thank you everyone who came!

The Fundraiser

On Tuesday October 29th, our friends from Jones DesLauriers hosted a Camp 4 a Day retreat and fundraising event for more than 75 of their colleagues.

The event showcased Shadow Lake Centre on this beautiful fall day with a tour of the property, pontoon boat rides, field games, a little competitive pumpkin painting, food trucks and smores by the camp fire.

The insurance industry has been very generous with their support of Shadow Lake Centre for many years and this year was no different. Camp 4 a Day raised over \$10,000!

These funds will be directed to our Shadow Lake Camp Subsidy program which helps cover the cost of camp with subsidies of up to \$500. For the 2020 camp season over 20 people will have the opportunity to attend Shadow Lake Camp!

What a wonderful day!



Team Building Games



Here's some guests making their own Jack-O-Lantern



Ice cream truck snack break



(L-R) Graham Parker, Michael Bastone, Lucy Sosa and Evergreen Lee from Jones DesLauriers.



(L-R) Albert Gillis, Jones DesLauriers, Robert Jordan, Ecclesiastical, Leonard Sole, Ecclesiastical, Jennifer Rochefort, Travelers, Robert Park, Travelers, David Gottlieb, Jones DesLaurier, Dina Godinho, Jones DesLauriers, Brandon Moore, Jones DesLauriers, John Raggiunti, Zurich William Lim, Travelers

This day wouldn't have been possible without the support of many.

Many thanks to the Jones DesLauriers team who organized this fun day and to everyone who participated.



SUMMER 2019

GUEST SURVEY RESULTS

FOOD



"It was delicious. Thank you, Chef!"
"It all tasted good and there was a good variety. The cook made sure we liked it."
"Good Prader Willi diet"

FAVOURITE ACTIVITY



WEEKLY THEMES



49%
want new
themes
next year

51%
want the
same
themes

MAKING FRIENDS



sometimes easy



CABINS



"Showers were clean.
A/C was nice."

OVERALL



"I loved it so much.
I wish I could
stay there for the
whole summer"

"Hoping to be
back next year
and forever!"

Update

Shadow Lake Camp Subsidy

Thanks to the generosity of donors, we're happy to announce that the Shadow Lake Camp Subsidy is once again available to help individuals and families with the cost of camp registration.

Apply today for a subsidy of up to \$500.

Contact fundraising@cltoronto.ca to obtain a link to our online application form. Please put Shadow Lake Camp Subsidy in the subject line so that we can respond quickly.

The deadline to apply for a Shadow Lake Camp Subsidy is March 1, 2020. All applicants will be contacted by March 20, 2020.

Congratulations to the Survey Winners!

Once summer camp was over we sent out surveys to the guests and summer staff. Once you filled out the survey you were entered to win a prize! We are happy to announce the winners!

Roswitha Woodside and Stephanie Blake, won the Guest Survey prize which was \$100 off Shadow Lake Camp 2020.

Cecilia Jia, won the Staff 2019 Survey prize which was a \$50 Cineplex gift card.

Congratulations winners and thank you to everyone that participated!



Roswitha Woodside
Winner of 2019 Guest Survey



Stephanie Blake Winner of 2019 Guest survey. Here she is posing with Wonder Woman during Superhero week!



Cecilia Jia Winner of 2019 Staff Survey



SHOP SHADOW LAKE

Visit our Online
Store.

shadowlakecentre.ca/store

Property Update

Property Update

The century old farmhouse is almost complete with improvements and updates to the floors, walls, washroom, kitchen, windows and doors. This house accommodates the summer staff during Shadow Lake Camp and will also become available to rent during the off season.

We have been winterizing some of our cabins with additional insulation. Cabins 9, 10 and 11 are now winterized. Also, to prevent winter damage in the dining hall, we are installing heating cables on the roof.

To help us become even more ecofriendly, we have installed a new drinking fountain in the dining hall that will allow your water bottle to fill up easy. This will reduce the amount of water bottles that we now recycle. Thanks to **Wilson Water Wells**, our two newly drilled deep wells are supplying the camp with unlimited treated drinking water.

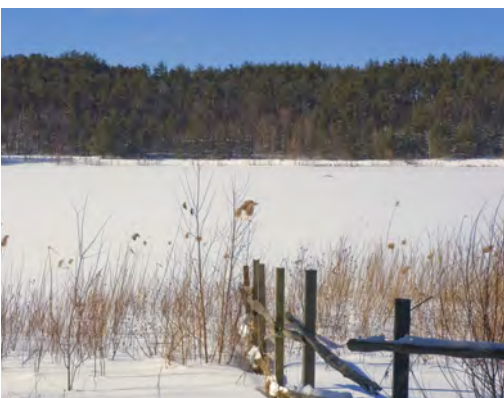


The newly installed water fountain in the dining hall

Group Bookings at Shadow Lake



Here are some of our guests enjoying the winter wilderness



The view of the lake in the winter

Every season we have many things going on here at Shadow Lake and winter is one of our favourites. Many group bookings come up such as Scouts, Guides, and Cadets, Schools, Faith groups and other private functions. With only 3 weekends open until May 2020, book soon if you are looking for a great spot for your next group retreat.

The Girl Guides of Ontario have been coming here Since 2001. Jean Cahill, leader of a Girl Guides group, hosts an annual event called “Chill Fest”. Guides from all over the GTA, London, Kitchener, and Kingston attend this event. Every winter, they enjoy cross country skiing, snowshoeing, tobogganing, campfires, and indoor crafts here at the camp! This weekend has become so popular with the Girl Guides that they had to add an additional weekend!

A few years ago, Jean’s daughter Nikki saw a job posting at the camp for Camp Counsellors. She applied, got the job, and then worked at Shadow Lake for two summers. Her brother Robert was then interested in the camp and became a lifeguard at Shadow Lake Centre.

Originally the group leader was Jean Cahill and her daughter Nikki volunteered in the kitchen but now the roles have reversed, and Nikki is now the head leader while her mother Jean volunteers in the kitchen.

Shadow Lake History

The First Dining Hall

The dining hall has historically been a focal point at Shadow Lake. Not only do people come together for meals and conversations, but many additional activities are conducted within the walls of this building. As it is with all camps, the dining hall is a pivotal and required part of the functioning of the camp.

For those of you who have been involved with the camp for less than 30 years, you might not be aware of the previous dining hall that needed to be replaced after the summer of 1985 because it was literally sinking into the lake. But that wasn't the first Dining Hall. The first one was built in the 1920's and burnt down in the spring of 1943. The second Dining Hall was built by John W. Bowser's Company based in Aurora Ontario. His company has built many famous structures including the Royal Ontario Museum and the Empire State Building in New York City!



1920's the first Dining Hall

Alumni Update—We'd like to hear from you!

So many people have had the unique experience of working at Shadow Lake. We estimate that over 5,000 people have worked at our summer program since its beginnings in 1965.

Many alumni remain in contact with others from their era; friendships, marriages and continued involvement within the developmental services sector are often reported.

What's your story, what impact did Shadow Lake have on you? Let us know and we will publish some of your stories in future newsletters.

Email your story to: shadowlake.office@cltoronto.ca

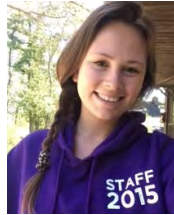


Here's the 2002 Staff Team Photo

Contacts



Facilities Rentals & Marketing
Gary Ouellette
416-317-0472
gouellette@cltoronto.ca



Senior Camp Coordinator
Jamie Wallace
905-640-6432
jamie.wallace@cltoronto.ca



Superintendent
Marisa Grasse
416-317-0463
mgrasse@cltoronto.ca



Manager
Muhammed Irshad
647-203-2953
mirshad@cltoronto.ca



Director
Angela Bradley
416-509-1596
abradley@cltoronto.ca



Camp Coordinator
Kaylee Moynihan
905-640-6432
kaylee@shadowlakecentre.ca

Address: 15041 9th Line
Stouffville, Ontario
L4A 3E4

Email: shadowlake.office@cltoronto.ca
Phone: 905-640-6432
Fax: 905-640-1339

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