

# Supporting Rights and Choices

of People with an Intellectual Disability

# **COMMUNITY LIVING TORONTO**

fosters inclusive communities by supporting the rights and choices of people with an intellectual disability.

## **Our Vision**

A society where everyone belongs. A society where everyone is valued.

Our vision is driven by our core values.



🗸 Community 📿 Choice 📿 Integrity



## **Careers at Community Living Toronto**

Come join us and be a part of an organization that envisions a society where everyone belongs and everyone is valued.

Our team provides services and supports in the following areas and there's so much more:

- Community Supports: Behavioral Services, Early Childhood, FamilyLink and Home Management
- Community Participation Supports: Individualized Passport Supports, Youth2Work, Adult Development Program, **Employment Supports and Community First**
- **Residential Services:** Specialized Resource Homes, Group Living, Supported Independent Living, STEP Up and Individualized Supports
- Fee for Service: Community Junction, Shadow Lake Camp, TIFS Toronto and **Creative Village Studio**

#### We value integrity in what we do! It's a career that matters!

Join our team of:

- Support Workers
- Behaviour Consultants
- Individualized Support Workers
- Program Managers and Supervisors
- Community Support Workers
- Project Management, Information Systems and Technology, Human Resources, Public Relations, Learning and Development, and Finance

For current opportunities, please visit our website at: www.cltoronto.ca/careers/

#### Why join our team?

- Make a difference in the lives of individuals and the community
- Leading edge within the developmental services sector
- Progressive change strategy
- Learning and development opportunities
- Career advancement
- Comprehensive benefits package
- Opportunities for new graduates and student placements

## **Our Memberships**

Community Living Toronto is one of over 300 agencies in Ontario supporting people with an intellectual disability. We believe that by partnering together, we can increase opportunities for people and their families. Some of our memberships include:

- United Way of Greater Toronto
- Ontario Agencies Supporting Individuals with Special Needs (OASIS)
- Community Living Ontario
- Canadian Association for Community Living (CACL)
- Provincial Network on Developmental Disabilities
- Imagine Canada

- Toronto Developmental Services Alliance (TDSA)
- Ontario Association on Developmental Disabilities (OADD)
- American Association on Intellectual and Developmental Disabilities (AAIDD)
- Toronto Board of Trade
- Ontario Non-Profit Network

## **Our Organizational Structure**

Community Living Toronto has over 80 locations across Toronto that provide supports to people with an intellectual disability and their families. We have four main offices located in Central Toronto, Etobicoke/York, Scarborough and North York. Our work takes place in neighbourhoods and communities all across the city of Toronto in order to keep our grassroots connections and enhance our community partnerships in the areas in which we operate, and where the people we support live. All of our business/corporate services operate out of our head office location at 20 Spadina Road.

## **Our Funding**

2018/2019 FISCAL YEAR

#### Core

Ministry of Children, Community and Social Services	75.0 million
United Way	
City of Toronto	
Entrepreneurial Activities	1.6 milion
Other Revenue	

We also have an active fundraising department that solicits corporate support and sponsorship, seeks grants from family and corporate foundations and through events and other fundraising initiatives.





## **People Receiving Service**

#### **COMMUNITY SUPPORTS**

- 302 💄 Adult Protective Services
- **180 2** Behavior Services
- **278** Supports to Families

## EARLY CHILDHOOD SERVICES

#### **JOB PLACEMENT**

- 347 ODSP 163 Graduate Placement/ Legacy
  - 82 💄 Youth 2 Work
  - **29 </mark> IBM**
  - 10 🙎 Celestica

#### DAY SUPPORTS

- 170 Adult Development Program (ADP)
- **499 2** SWACA
  - **46** Gooderham Development Centre

INDIVIDUALIZED PASSPORT SUPPORTS 172

## **Our History**

In 1948 Victoria Glover wrote a letter to the Toronto Star calling on the public to find alternatives to sending people with intellectual disabilities, like her 7 year-old grandson, away to live in institutions. From this letter people gathered at the Carleton Street United Church and

founded the Parents Council for Retarded Children, now known as Community Living Toronto. Since 1948, we've gone through many name changes, an important one being in 1987 when we adopted the 'Metro Toronto Association for Community Living.'

This was part of a national movement and embedded our mission of 'community living' for people with an intellectual disability into our name. In 2002 we changed our name to Community Living Toronto.



**51 2** Summer Day Respite

- **331 ^** Group Living
- 318 🙎 Respite Services
- **184 L** Supported Independent Living (SIL)
  - 25 Z Supportive Home Share (SHS)
  - 61 💄 LIGHTS

NUMBER OF INDIVIDUALS SUPPORTED ANNUALLY (NOT UNIQUE)



**VOLUNTEERS/STUDENTS** 466

> **VOLUNTEER**/ STUDENT HOURS 14853

**MEMBERS** 1,174 💄

STAFF		
833		Full-time
424	2	Part-time & Relief

## **Services and Supports**

Community Living Toronto provides a variety of innovative supports to adults and children with intellectual disabilities and their families. Supports are person directed, and help to develop natural networks within the community that encourage independence and personal achievement. Our services include employment support and training, early childhood support, respite, residential living, community and family support, adult development programs and recreation. We also have specialized homes for children, including those who are deaf and have an intellectual disability. Community Living Toronto's services fall into four main divisions: community supports, community participation supports, residential services and fee-for-service.

#### ADULT PROTECTIVE SERVICES

Adult Protective Service Workers (APSW) advocate for, co-ordinate and monitor the necessary community supports for adults who live independently, but are without social or family support. Coordinators work on behalf of the Toronto-wide case management system and may provide crisis response, interim case management and short-term assistance.

#### **BEHAVIOR SERVICES**

Behavior Consultants work with families and staff to create environments which are more conducive to positive behavior. They also work with individuals to develop skills which support harmonious family and community involvement.

#### EARLY CHILDHOOD SERVICES (ECS)

Early Childhood Consultants (ECC's) provide consultation support for children with a wide range of needs between the ages of 0 -12 years who are attending an early childhood setting. The support includes regular visits to develop Individual Support Plans, referrals for specialized services such as Occupational Therapy, Behaviour Consultation and Communication. The ECC's work directly with families and program staff to ensure inclusionary practices are in place.

#### FAMILYLINK

Parent volunteers who have a child with an intellectual disability provide emotional support and first-hand knowledge to parents whose child has been recently diagnosed with an intellectual disability. FamilyLink also provides parent-to-parent support for children at transitional stages of life, such as graduating from elementary to high school.

#### **FAMILY SUPPORT**

Family Support Coordinators facilitate the growth and development of an individual with special needs living at home. They work with the family to build personal supports as well as to identify and access services and community resources. Family Support may assist in recruiting, training and orienting volunteers or in-home support workers.

#### **HOME MANAGEMENT**

In-home behavioral and skill building consultation helps families whose child with special needs is living at home. For families of a child with an intellectual disability ages 5 and up. Staff collaborate with the family and other professionals to plan for services, and may assist in training and orienting in-home support staff.

#### **MEMBERSHIP**

Supports members and Council volunteers in each of the four regions and provides a link between members and staff. Membership Coordinators recruit new members, and also provide first point of contact for people seeking services at Community Living Toronto.

#### VOLUNTEERS

Coordinators recruit, interview, screen and support volunteers who are then matched with the appropriate program or person.

#### SUMMER DAY RESPITE

Assists City of Toronto summer day camp programs and camp staff in working successfully with children ages 5-18.

For more information contact Information and Membership at 647-426-3220 or contactus@cltoronto.ca

#### What is Person-Directed Planning?

Person-Directed Planning involves building supports that are based on an individual's goals, aptitudes and dreams. By giving people the opportunity to explore resources in their community and try new activities, they can be active participants in choosing the services and supports they need and reflect their Interests. Persons supported are in the driver's seat when it comes to identifying where they want to live, what they want to do during the day, and the activities and social opportunities they want to participate in. Such choices will create opportunities to deepen existing relationships and develop new connections.

## **Community Participation Supports**

By working in partnership with individuals and their support networks, we support people with an intellectual disability to have meaningful choices in their communities. With extensive experience in developing and implementing person-directed plans and in administering individualized funds, Community Living Toronto offers a wide range of unique options for people with an intellectual disability.

#### ADULT DEVELOPMENT PROGRAM (ADP)

Provides training in basic life skills for adults who require more extensive support. Focuses on developing community supports and providing recreational/leisure opportunities. Many participants also volunteer with community based programs (e.g. Meals on Wheels, seniors, day care etc.).

#### **COMMUNITY FIRST**

Community First is for individuals who are looking for inclusive community experiences, and who have a goal towards increased independence in the community. Areas of support may include:

- Life Skills Training
- Community Based Skill Building
- Social Recreation
- Leisure Activities
- Job Readiness Training
- Supported Employment
- Volunteering

Community First is for individuals who:

- Are at least 18 years old
- Are able to participate in the community with minimal staff support
- Want to work towards a personal goal of increased independence in the community
- Want an inclusive community experience
- Are able to perform daily living activities independently in the community, such as personal care
- Are interested in supported community-based activities
- Are able to manage their own transportation



#### GOODERHAM DEVELOPMENTAL CENTRE

Includes developing personal care, communication, sensory awareness, educational/cognitive skills for people with higher and profound support needs. Provides community-based activities such as swimming, shopping, movies, etc. People also volunteer with community based programs (e.g. Meals on Wheels, churches, day care etc.).

#### **EMPLOYMENT SUPPORTS**

Assists individuals in finding and maintaining competitive employment. Provides planning, coaching, travel training, job trials, on-the-job training and job maintenance to individuals registered with the Ontario Disability Support Program (ODSP).

#### **IBM AND CELESTICA**

Individuals work in an industrial setting under contract with Community Living Toronto to operate a tape library and assemble electronic components. Community Living Toronto runs IBM tape library for all of Canada. At Celestica, people with an intellectual disability assemble computer parts like motherboards. There is an error margin of 1%.

#### SUNRISE JANITORIAL SERVICES

Staff, who have an intellectual disability, provide a wide range of janitorial services in order to develop skills which will assist them in working towards competitive employment.

#### SUPPORTED WORK AND COMMUNITY ACTIVITIES (SWACA)

Formerly ETS, SWACA provides a range of options related to person-directed plans such as: developing work related skills, engaging in social purpose enterprises, and participating in social and recreational activities, including drama and crafts. As well as exploring opportunities of interest in the community. SWACA offers skill development in the areas of literacy, money management, social skills and community access. This enhances an individual's self-confidence, independence and ability to participate in community programs.

#### INDIVIDUALIZED PASSPORT SUPPORTS

Provides opportunities for individuals 18 years of age or older who are eligible for adult developmental services and are:

- Still in school
- Are receiving ODSP Employment Supports and/or
- Eligible to participate in a Ministry funded day program.

Individuals and families may receive funding directly and make their own arrangements to purchase supports and services. They may also choose to access services through another community-based organization.

#### **YOUTH 2 WORK**

Supports youth in the transition from school to work or community activities while they are still in school, including gaining employment experience, developing community networks, and increasing self-esteem and selfconfidence. Youth ages 18-28 who have already left school can also receive career and life planning.

## **Residential Services**

#### **GROUP LIVING**

Adults and children acquire living skills in a shared home environment located near transit, local shopping and recreational/leisure facilities. Homes provide high, medium and low residential supports to meet the varied needs of the individuals who live there.

#### SPECIALIZED RESOURCE HOMES

Community Living Toronto has six specialized residential programs for people with Autism Spectrum Disorder (ASD) and complex needs. Specialized and intensive supports are aimed at building a better understanding of the person's needs (social, behavioural and functional) and are based on the person's strengths, abilities and needs.

#### INDIVIDUALIZED SUPPORTS

Funds used to support a person currently in a group home are redirected to create a 'customized' plan based on the goals and needs of the individual. Staff work with the individual and family to arrange staffing, and to identify and access residential and day opportunities in the community.

#### LIFESHARE

"A place in your heart, a place in your home." Adults are matched with a family or individual (Associate) who provides room and board, support and life skills training in their own home. Respite supports are available to Associates.

#### SUPPORTED INDEPENDENT LIVING (SIL)

CL Toronto staff work closely with individuals who live independently in their own apartments and cooperatives throughout the city to develop skills in the areas of self-care, household management, budgeting and using community resources.

#### LIGHTS

A unique partnership between families, Community Living Toronto, government and philanthropists helps individuals achieve their goal of more independent living. Families are able to network, apply their resources and have the capacity to create alternative living arrangements. *Visit lights.to* 







#### **RESPITE SERVICES**

Short periods of residential respite for families with children and adults with an intellectual disability at home. Respite services are part of a Toronto wide model.

#### **STEP UP!**

In partnership with Cota, provides residential support to youth in transition from children's services to adult services. Youth have the opportunity to participate in a full-time (up to 3 years), live-in, innovative skill building program.



### **Fee-For-Service Activities**

#### **COMMUNITY JUNCTION**

- Provides community based, fee-for-service activities for people with an intellectual disability and their families in Toronto's Junction neighborhood.
- Each month a roster of activities, led by community instructors, provides social, recreational and learning opportunities.

#### **CREATIVE VILLAGE STUDIO**

- A storefront studio where artists can explore their creativity through a variety of media.
- Photography, painting, jewelry, knitting and drawing classes are taught by community artists.

#### **SHADOW LAKE CENTRE**

 Our recreational facility in Stouffville, Ontario, has been offering a summer camp program for children, youth, and adults with an intellectual disability since 1965. Throughout the year, the camp also offers fully supported "Shadow Lake Weekends" and a March Break program for people with an intellectual disability.



#### Off-Season Rentals

From September to May, Shadow Lake Centre hosts a wide range of community groups looking to spend time in the great outdoors. With two fully furnished houses, seven cabins, a dining hall, and a fully equipped industrial kitchen, it's an ideal location for schools, scouts, guides, yoga groups, faith groups and more.

Visit shadowlakecentre for more information.

## There's So Much More!

From our earliest days as an organization, Community Living Toronto has been grounded and focused on being an innovative leader in creating supports and services for people with an intellectual disability and their families. Our staff have developed opportunities for belonging and inclusion that have signaled and guided our strategic direction; their commitment and compassion for people supported by Community Living Toronto has created a culture of collaboration, community and real choice. However, we do not do this in isolation; our many community partners help drive and support opportunities to provide meaningful, person-directed services.

#### connectABILITY.CA

- An accessible virtual community on the internet which provides a learning and support environment for people with an intellectual disability, their families and their support networks.
- Delivers new, creative and effective models of support and intervention to complement the staff-mediated support that remains a cornerstone of Community Living Toronto's mission.

#### SPINCLUSION

- A game which engages children and youth on issues relating to diversity and inclusion touching on issues of race, religion, culture background, sexuality and disabilities, and focusing in each person's uniqueness.
- Developed in partnership with Toronto Parks, Forestry and Recreation. Visit spinclusion.ca

#### **DiscoverMyRoute**

Developed in partnership with five other non-profits and the TTC, DiscoverMyRoute is a program that teaches people with an intellectual disability how to use public transit independently. Alongside in-class sessions and personalized one-to-one route training with an instructor, DiscoverMyRoute offers students free access to its app, which features route planning, "get off" notifications and more! Visit discovermyroute.com.

#### **FOSTERS CLUBHOUSE**

- A drop-in centre for socializing, meeting new friends, playing pool, watching a movie or attending an activity organized by the Club members.
- Participants take an active role in daily operations, planning and coordinating activities, membership and fundraising, and property maintenance.

#### HUB AT VICTORIA PARK AND EGLINTON

- Dedicated and shared space with other service delivery agencies in a United Way 'hub' in one of 13 United Way identified priority neighborhoods.
- Working together with community agencies and the neighborhood to provide localized supports and services.

#### **BIG DREAMS ART COMPANY**

Based at North York SWACA, Big Dreams is a program designed to meet the needs of participants by expressing themselves through art, painting, photography, jewelery making and knitting. Supported by a facilitator, the program promotes creativity, self-expression and independence.

#### **STEPS TO INDEPENDENCE**

- A guidebook that will prepare someone aged 16+ for semiindependent living. It will help a person to:
  - build skills, confidence and self-esteem,
  - provide feedback on current life skills, and
  - identify any areas for learning to increase readiness for semi-independent living.
- Questions in 7 different areas of living to help a person identify what level of support they need to be able to live semi-independently. Tips and scenarios provide further learning to assist in developing skills in the identified areas.

#### SIBSHOPS (SIBLING WORKSHOPS)

Sibshops provide opportunities for brothers and sisters of children with special needs to obtain peer to peer support and education in an informal fun setting. Our sibling workshops are geared to children ages 7 to 12 with mentoring opportunities for older siblings. Sibling workshops are designed to engage the children in fun themed activities while addressing the unique issues that children who have siblings with special needs encounter at home, school and while participating in extra-curricular activities.

## Where to Find Us!

#### Offices

#### CENTRAL

20 Spadina Road Toronto, ON M5R 2S7 416-968-0650 **Regional Executive Director:** Frances MacNeil

ETOBICOKE/YORK 295 The West Mall, Suite 204 Etobicoke ON M9C 2Z4 416-236-7621 Regional Executive Director: Joe Persaud

NORTH YORK 1122 Finch Avenue West, Unit 18, Toronto ON M3J 2J5 416-225-7166 Regional Executive Director: Joe Persaud

#### SCARBOROUGH 1712 Ellesmere Road Scarborough ON M1H 2V5 416-438-6099

Regional Executive Director: Sue Lynch

To ensure that the people we support are included in the decisions made relating to the day-to-day work and governance of the Association, the Self Advocates Council was established in 2004.

SELF ADVOCATES COUNCIL 416-968-0650

INFORMATION & MEMBERSHIP 647-426-3220

#### **Corporate Services**

#### **HEAD OFFICE**

20 Spadina Road Toronto, ON M5R 2S7 416-968-0650 *Executive Office* **Chief Executive Officer:** Brad Saunders **Director of Community Engagement and Policy:** James Janeiro

FINANCE & ADMINISTRATION Chief Financial Officer (Acting): Betty Yam

HUMAN RESOURCES Chief Human Resources Officer: Malcom Bernstein (Acting)

PUBLIC RELATIONS & FUNDRAISING Director, Social Enterprise & Philanthropy: Angela Bradley Community Living Toronto is a leader in developing innovative ways to provide supports and services to people with an intellectual disability. Visit our website for more information! Be a part of it!

## COMMUNITY LIVING TORONTO.CA







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