

CPR/Automated External Defibrillator (AED)

(For respiratory and cardiac arrest—when drug overdose or contagious illness is suspected.)

CPR STEPS

1. **Gloves on. Wear goggles/mask if available.**
Tap and shout at the patient for responsiveness (10 secs). No response—call 911 and send for the AED.
2. Place patient face up on a firm flat surface. Observe for signs of breathing: *chest movement, skin color and sounds of breathing for up to 10 seconds.*



3. If not breathing—Place cloth loosely over patient's face. Begin CPR. Place **gloved hands** in the center of the chest between the armpits. Deliver continuous chest compressions deep and fast at a depth of two inches at 100–120/minute.

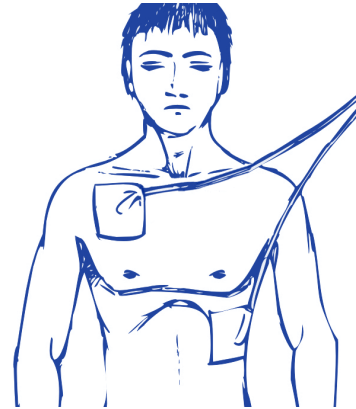


4. **DO NOT ATTEMPT RESCUE BREATHING.**

Continue chest compressions only until the AED or EMS arrives.

AED STEPS

Once AED arrives, stop CPR. Bare and dry the chest. Turn on AED and follow prompts. Attach one electrode pad below patient's right collarbone. Attach second pad below the ribs on the patient's left side.



AED will analyze the heart rhythm and direct **shock or no shock** instruction.

SHOCK ADVISED

- Ask bystanders to stand still and away from the patient. Press flashing shock button on the AED.
- Continue CPR—for two minutes. AED will automatically analyze the patient at two minutes. Follow instructions.

NO SHOCK ADVISED

- Continue CPR—for two minutes. AED will automatically analyze the patient at two minutes. Follow instructions.

- **Continue CPR compressions only, until help arrives.**

AED case should contain gloves, masks, goggles and gowns.

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