



Meal Planner

We are seeking a Meal Planner to join the Healthcare Team. The Meal Planner reports to the Healthcare Coordinator.

Responsibilities include:

- Ensure dietary restrictions are being met by informing counsellors of person specific restrictions
- Prepare personal plates for more complex diets (i.e., Prader-Willie syndrome, diabetic, gluten free).
- Work with program coordinator to provide active program activities for participants (i.e., run stretching, encourage walks after meals)
- Ensure that they are communicating with families/caregivers regarding participants special diet restrictions
- Support other staff at mealtimes to ensure diets are being followed (ie. knowledge on what is in the meal/ingredients so when approached with questions the meal planner can distinguish who can eat what, specific dietary needs/requirements, etc.)
- Provide first aid where needed
- Assist the healthcare team with pouring and administering medications
- Support for emergencies
- Documentation of any incidents
- Uphold and enforce CLT policies and SLC Policies

Requirement: In school for nutrition or health studies or have an extensive understanding of nutrition, or 1+ Years at Shadow Lake Centre, Ontario Food Handler Certification (Not mandatory but preferred, can be provided during hiring process if needed), First Aid/CPR

Prior to the first day of camp, all staff participate in a week-long training program, and on-line orientation. Everyone is required to obtain a police check prior to starting work.

Candidates must pass a medical and be free of contagious disease in accordance with applicable regulatory requirements and maintain appropriate immunizations.

For application details please visit: shadowlakecentre.ca/work-at-shadow-lake

Application Deadline: **April 30, 2024**

When required, accommodations for disabilities will be provided, on request. By submitting your application, you confirm that the information included is accurate and true. Misrepresentation or omission of facts in connection with your application may be sufficient cause for dismissal.

Thank you for your interest in Community Living Toronto. Please note that only those applicants selected for an interview will be contacted.