



HOW TO PARTICIPATE:

1. ***Purchase your favourite treat at your local store. (We suggest KitKats!)***
2. ***Cut out this label and tape it on a Kitkat, or your favourite treat.***
3. ***Take a selfie with the labeled treat.***
4. ***On Wednesday, May 29, post your selfie to your social media accounts.***
5. ***Include the Hashtag: #ITookABreak24***
6. ***Tag @CLOntario and @CLToronto***
7. ***Take a break with us! You deserved it!***

