

# Apply for the **Canada Disability Benefit** Today!

*Applications are now open!*

➤ [View the application portal \(Click on apply button\)](#)

Starting **June 20, 2025**, you can apply for the new Canada Disability Benefit (CDB).

The CDB is a new monthly payment from the Government of Canada. It is meant to help reduce poverty for working-aged people with disabilities who have low incomes.

While the benefit amount may not be enough for everyone, it can still help with some basic needs. We encourage everyone who is eligible to apply. We are also working hard to get the government to increase the amount.

To view this document as a webpage, visit <https://bit.ly/405idkA> or scan the QR code

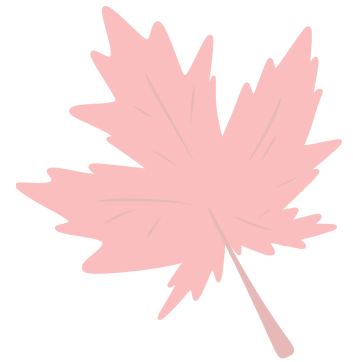


## Who Can Apply?

You may be able to get the CDB if you:

- Are between 18 and 64 years old
- Live in Canada
- Have been approved for the Disability Tax Credit (DTC)
- Have a low income
- Are up to date on filing your income taxes

Not sure if you qualify? You can check [here](#).



## Get Ready to Apply

To get the CDB, you **must have the Disability Tax Credit (DTC)**.

If you don't have it yet, you can learn more about how to apply here:

- [Apply for the Disability Tax Credit](#)
- [Learn More about the Disability Tax Credit](#)

If you already have the DTC and qualify for the CDB, you will receive a **letter in the mail in June**. This letter includes:

- A unique code
- Instructions on how to apply



## What You Need Before You Apply

Before you apply, make sure you have:

- **Your Social Insurance Number (SIN)**
- **Your bank account information** for direct deposit. (This is the fastest and safest way to get your payments)

If you don't get a letter, but you think you qualify for the CDB, you can still apply! You will also need:

- **Your mailing address**
- **Your net income** amount from **line 23600** on your 2024 Notice of Assessment (this helps Service Canada speed up your application)

## How to Apply

You can apply in three ways:

1. **Online** – [Portal](#)
2. **By Phone** – [See listing here](#)
3. **In Person** – [Find your local Service Canada Office here](#)
4. **By Mail** – [Click here to print out form](#)

## When will you get your money?

If your application is approved, your first payment will start the month after it's approved.

For example:

- You apply and get approved by June 30, 2025
- You will get your first payment in July 2025

### **Don't worry if you can't apply right away!**

You can apply anytime after June 20, 2025. If you apply later, you can still get back payments for the months you were eligible. These payments will go back to June 2025, which is the first month the benefit starts.

For example, if you're approved in January 2026 and you were eligible starting in June 2025, you will get a lump sum payment covering June to December 2025 (7 months of payment)

**Important Note:** there will be no payments for months before June 2025.

## Estimate Your Benefit

Not sure how much money you'll get?

You can use the government's new [CDB Estimator Tool](#) to find out how much money you could get.

Right now, **the maximum you can get is \$2,400 each year**, which is \$200/month. The exact amount depends on your income and your household status. This means that if your income is higher, your benefit may be lower.

## Need Help?

Applying for government benefits can be confusing – but you don't have to do it alone.

Here are some ways to get help:

- Call Service Canada's CDB hotline:
  - **1-833-486-3007** // teletypewriter (TTY): **1-833-467-2700**
- Visit any Service Canada Centre in person
- Ask a family member or friend you trust
- Visit the [Canada Disability Benefit website](#) for more information:

## More Support is Coming

The government is working with community organizations across the country to help people apply.

Inclusion Canada is creating a **Benefits Without Barriers** program to offer free, one-on-one help to apply for disability benefits, like the Disability Tax Credit (DTC) and the Canada Disability Benefit (CDB).

**Stay tuned – more information is coming soon!**